



Kingsland C.E. Primary School



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Dear Parents,

Usually during the summer term there is whole selection of sports and competitions taking place in Herefordshire schools. This culminates in the School Games taking place at Herefordshire Leisure Centre. Unfortunately, due to the current COVID-19 circumstances, this has been cancelled.

Instead, Stride Active (Herefordshire leading providers of P.E. and School Sport) have designed and are launching a friendly competition called the Virtual School Games which ALL Year 3 - 6 pupils are encouraged to take part in (even if your child is in KS1 / EYFS, or even pre-school, please feel free to join in and send in your videos as we would love to see them too!).

The aim of the competition will be to run various School Games challenges that can be completed at home and earn schools the chance to be the Herefordshire School Games winners.

There will be a task set once every two weeks for you to take part in.
The first event starts on **Monday 27th April** and ends on **Thursday 7th May**.

Year 3-4 – Standing Long Jump
Year 5-6 – Speed Bounce (30 secs)

You can check out Stride Active's social media platforms and website for challenge demonstrations and further information:

Twitter: @stride_active

Facebook: @strideactive1

Website: <https://strideactive.org/events/virtual-school-games-sportshall-athletics/>



Scoring in these events is calculated as follows:

Year 3 & 4 – Standing Long Jump

Young person stands on line and jumps as far forward as they can. Measure the distance they jump in centimetres for your score

Year 5 & 6 – Speed Bounce (30 secs)

Young person jumps over a cereal box (or something similar) with both feet, each jump counts as 2 points

Only one score per child is allowed, so keep practicing and send us your best one! The school will then calculate a whole school score.

Once you have practiced, send your best results (and a video if you can) to the teacher email address, teacher@kingslandengland.hereford.sch.uk. We will then collect the scores and submit them to Stride Active.

Stride Active will then work out the top three schools and announce the winners on their social media platforms. Winners will receive a FREE guaranteed place at one of their multiskills events next year along with a Gold E certificate and 5 School Games T shirts. Second and third for each event will receive a Silver & Bronze E certificate.

By entering the competition we will receive a participation certificate and be able to work our way through the various levels for entering each different sport/activity, starting at Bronze and potentially finishing with Diamond by the end if we complete all of the challenges!

We are sure you will be up for the challenge and try to achieve the illustrious **Diamond E certificate!**

Stride Active have said that you can post your videos directly to their Twitter account and Facebook account. If you do this, please also send scores and videos to the teacher email address as we will be unable to access them through their social media platforms.

We look forward to receiving your scores and videos by Thursday 7th May.

Yours sincerely,

Mr Powell and Mr Debenham

