



THE CHURCH OF ENGLAND

Kingsland CE (VA) Primary School



The Kingsland Times

Friday 7th February 2025

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.” Matthew 5:16

Let your light shine on our vision:

As God’s children, overflowing with His light, we will shine before others to inspire, nurture and bring joy so all may embrace life in its fullness to the glory of God.

Our Christian value for this half-term is **JUSTICE**

Please help your child to reflect on the importance of this Christian value

Life at Kingsland CE Primary School: life in all its fullness (John 10:10)

This week, we enjoyed an incredible Winter Concert, where our instrumentalists had the opportunity to perform to a friendly and supportive audience. The soloists were also joined by our fabulous choir, Steel Pan Ensemble, Handbell Ensemble, and Recorder group. Thank you for your kind donations to the school’s music fund.

Children are busily working hard to learn and rehearse poems for the Herefordshire Performing Arts Festival, ready to take to the festival during the week of the 3rd March. Keep practising everyone!



PLEASE DO NOT PLAN HOLIDAYS DURING TERM TIME

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Dates for your diary

| | |
|--|---|
| Tuesday 11 th February | Safer Internet Day |
| Wednesday 12 th February | Break the Rules Day! See below for details |
| 12 th and 13 th February | Parents' Evenings |
| 17 th – 21 st February | Half term |
| Tuesday 25 th February | KS1 Storytelling evening 5.30pm – 6.30pm. See below for details |
| WB 3 rd March | Herefordshire Performing Arts Festival |
| Thursday 6 th March | World Book Day |
| Friday 7 th March | Y6 children to World Day of Prayer in Methodist Chapel 2pm |
| 7 th – 9 th March | Ventures residential (some Y4/5 children) |
| WB 10 th March | Science week – more details to follow |
| Wednesday 12 th March | HPAF Celebration Concert 5.30pm in Kingsland Church |
| Friday 11 th April | Term ends |
| Monday 28 th April | Start of summer term |

The full 2024 - 2025 term dates can be found on the school website following the link:

<https://www.kingslandceprimary.com/term-dates/>

Big Question

We continue our series of BIG QUESTIONS as a focus for family discussions. This week's BIG QUESTION is:

What does music mean to you?

BIG QUESTIONS



Every Friday, a child is awarded with "The Maths Rock" – this is given to a child who has worked especially hard in maths during the week. This week's winner is **Bobby** ... Well done!



Dear God,
Thank you for our lovely lunch.
And thank you for the love that you give our school family.
Amen

By Holly, Class 1



Governor news: Governor representatives will be present during our Parents' Evenings next week – they may come and chat to you about school life!

House Tokens

Congratulations to the following children for achieving a house token!

| Ambrey | Berrington | Croft | Mortimer |
|--------|------------|------------------|------------------|
| Thomas | Helen | The Class 1 Team | The Class 1 Team |
| Jacob | Sophia | Meghan | Niamh |
| Ellis | Ben | Yarna | Aidan |
| Ava | Immy | Isabelle | Archie |
| Alfie | Riley | Ronnie | Alice |
| Ruby | Wilf | Toby | Connie |
| Hannah | Joseph | Devon | |
| | Charlie | Alexander | |
| | Rose | Cecily | |
| | Grace | Ottilie | |
| | Esme | Syd | |
| | Bella | James | |
| | | Lilly | |

Congratulations go to the following children who have received Headteacher's Awards:

Kit for fantastic independent writing; **Riley** for displaying true kindness to a peer; **Theodore** for achieving full marks in his arithmetic assessment; **Matilda, Imogen, Ellis, Teddy** and **Nora** for super writing about Mr Tumnus; **Eadie** for super effort with learning her sounds and blending; **Toby, Aidan, Perry** and **Henry** for fabulous teamwork during Cheerleading.

Attendance

This week's attendance – well done Class 4!

| Class 1 | Class 2 | Class 3 | Class 4 | Class 5 | School total |
|---------|---------|---------|---------|---------|--------------|
| 92.08% | 94.19% | 98.06% | 100% | 96.25% | 96.36% |

Holidays

Holidays should not be arranged for during term time. Holidays will not be authorised and may well be subject to a referral to Herefordshire Council, resulting in a fine or legal action. The school would very much wish to avoid this situation. The school's attendance policy can be found [here](#). Thank you for your support with this.

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

GET READY FOR A

PE APPRENTICESHIP

AT OUR SCHOOL!

ARE YOU...

16 + years old?
Passionate about working with young people?
Interested in sport and physical activity?

If you know of anyone interested in the PE Apprenticeship programme, do please ask them to contact Mr Debenham or Mr Powell – thank you.

Y1 children made fabulous maths games which helped their maths learning as well as their oracy and maths vocabulary – well done everyone!



Winter Concert 2025

Well done to all our fabulous musicians!



“Music enhances the education of our children by helping them to make connections and broadening the depth with which they think and feel. If we are to hope for a society of culturally literate people, music must be a vital part of our children’s education.”



Kingsland School's Bedtime Story Event

Invitation

Who: Children in Reception, Year One and Year Two are invited to Kingsland School's Bedtime Story Event

Date: Tuesday 25th February

Time: 5.30pm - 6.30pm

Place: Class 2

Dress code: Please wear your pyjamas, slippers and a dressing gown. Make sure you bring your teddy along too, to enjoy the evening.



Parents / Carers,

You are invited to bring your child to this year's Bedtime Story Event. Whilst your child is enjoying various stories including a hot chocolate and a biscuit, you will be able to go into the school hall to spend some time with other parents and to have a cup of tea or coffee and maybe even a biscuit or two. Rest assured; we don't expect you to wear your pyjamas! You will be invited to join us towards the end of the evening to listen to a story shared by our very own Mrs Green.

Tickets will be available to collect from your class teacher at Parent's Evening. Please let us know, when you collect your child's ticket, if your child has any dietary requirements so we can cater for all.

We look forward to seeing you there.

From

The Early Years and Key Stage One Team



Performers usually need to be able to act, sing and dance.



Use the QR code to listen to 'He Lives In You' from The Lion King.

Musician

Music from the Musicals

Making Connections ...



Julie Andrews is a famous musical theatre performer. You may also have seen her in some famous films - The Sound of Music and Mary Poppins.



A musical (or musical theatre) is a theatrical performance that combines music, acting, dialogue, and dance to tell a story. Musical plays have been around for hundreds of years.

Operas - musical plays performed with orchestras - began to be written and performed in the 16th century. Musicals started to become popular in the 19th century.

Which is your favourite musical? Why?

In London, musicals are often performed in the West End. In New York, they are performed on Broadway.



Use the QR code to listen to 'Bring Him Home' from Les Misérables.

of the Month



A musical involves lots of different roles, including performers, musicians, lighting and sound engineers, choreographers, directors and producers.



Break the Rules Day

Wednesday 12th February 2025

Children are invited to take part in Break the Rules Day by bending the rules listed below in exchange for a donation to the PTA fund. A contribution of £2 is suggested, but any amount—big or small—is greatly appreciated!

It's a fun and exciting opportunity to let loose, get creative, and express yourself.

Remember, children will not need to wear their PE kit on this day.

Rules You Must NOT Follow (wink, wink!):

1. No crazy hair is allowed!
2. No colourful hair accessories, please!
3. No hats, definitely not!
4. No skipping school uniform!
5. No nail varnish at all!
6. No football kits under any circumstances!
7. No make-up or face paint, ever!
8. No odd socks or crazy tights - not even a little!
- 10.No hero capes are allowed - especially not proudly!

The week before, a special Mental Health Week assembly will celebrate self-expression and individuality. Use Break the Rules Day to express the real you!



The poster features a vibrant, colorful galaxy background with stars and nebulae. At the top, three stylized human figures in yellow, purple, and blue are jumping joyfully. Below them, the text '3DEGREEZ ALLSTARZ' is written in a bold, yellow, blocky font. The main title 'Allstarz Club' is in a large, white, cursive font, followed by 'School Holiday Programme' in a smaller, purple, cursive font. The event details are listed in white and purple text: 'FRIDAY 21ST FEBRUARY', '8:45AM-3:15PM', 'FOR CHILDREN AGE 4 - 12YRS', '£25 PER PERSON', and 'HINTON COMMUNITY CENTRE'. At the bottom, a purple cursive font says 'Join us for a day of Fun, Cheer, Tumbles, Crafts, Team games and Sports activities!'. The website 'www.3degreezallstarz.com' and email '3degreezallstarz@gmail.com' are at the very bottom.

3DEGREEZ ALLSTARZ

Allstarz Club

School Holiday Programme

FRIDAY 21ST FEBRUARY
8:45AM-3:15PM

FOR CHILDREN AGE 4 - 12YRS
£25 PER PERSON
HINTON COMMUNITY CENTRE

Join us for a day of Fun, Cheer, Tumbles,
Crafts, Team games and Sports activities!

www.3degreezallstarz.com 3degreezallstarz@gmail.com

Please click [here](#) for the latest Raring To Go Magazine.

Class 1 children loved playing the maths game that Grace created!



TIPS FOR FAMILIES

Place2Be's

**CHILDREN'S
MENTAL HEALTH
WEEK**

① Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

② Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

③ Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

④ Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.

⑤ Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [Here4You.co.uk](https://www.here4you.co.uk)



Messages from Kingsland Church

Mortimer's Cross Churches

Youth group gatherings Spring 2024

Saturdays, 3-5pm

Kingsland Methodist Chapel

For students
year 5 and
above!
Bring a
Friend!

8 February - Valentines party

How can we love ourselves, other people and God?

1 March - Pancake party

We will enjoy pancakes, and think about the meaning of
Lent

22 March - Away afternoon (1-8pm ish)

Possible trip to the Pioneer Centre near Cleobury

Mortimer for games, activities and food

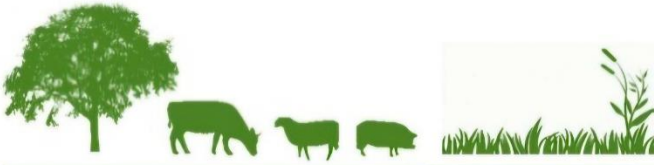
*****SAVE THE DATE!*****

19-20 April - Easter sleepover in

Kingsland Church

For more information, contact Rev Rosie on
revd.rosie@mortimerscrosschurches.co.uk or

07720 333383



Eyton Hall Farms.

Email: fhdfarm@btinternet.com

£95 per ½ lamb box. (Roughly £8-9 per kg)

Our last ½ lamb boxes contained

9 cutlets

6 chops

2 shoulder joints

2 leg joints

Mince

*The meat comes in a box 39×30×14 cm-
which is roughly the size of one shelf of
your average fridge.*

**Local Lamb boxes Available
to Order**

**(Order by the 31st Jan,
available by the 7th Jan)**

**Please contact Leanna Dale to Order
email: cheekychicken103@hotmail.com
Phone: 07742355239 or speak to me at
school.**

Safer Internet Day

**Online safety training for parents and
guardians by West Mercia Police**

Learn more about the dangers of kids being online and how
you can help to keep them safe.

Join our free one hour online parent awareness session to
give yourself a head start in an ever changing digital world.

Date: Tuesday 11 Feb 2025

Time: 10am

Location: Microsoft Teams via Eventbrite

Sign up to the Eventbrite session by clicking on the following link:
<https://www.eventbrite.co.uk/e/online-safety-child-exploitation-session-for-parents-and-guardians-tickets-1123477364039?aff=oddtcreator>



Protect our children!



Digital therapy enabling children to self manage their fears and worries

Recommended by **NICE**



What is Lumi Nova?

Everybody worries sometimes, but sometimes worries stay and can have a big impact on your child's life.

Lumi Nova can support your child by helping them set goals and challenges to overcome their worries, one step at a time.

- ★ **NICE recommended digital therapy** through a fun mobile game (smartphone/tablet)
- ★ For **7-12 year olds**
- ★ Supports **mild to moderate fears, worries & anxiety***
- ★ **Based on Cognitive Behavioural Therapy (CBT)** and provides Psychoeducation and **Exposure Therapy** - The gold standard of care for treating anxiety
- ★ Safe, effective & easy to use



*Lumi Nova is for children aged 7-12 experiencing mild to moderate anxiety. It is not recommended for use with children who have severe anxiety, are in crisis, have suicidal thoughts or are at risk of self harming **without clinical supervision**.

See instructions for use: bit.ly/luminova-ifu

Using Lumi Nova can help your child:

- ✓ Learn **life long skills** on how to self manage their worries
- ✓ Learn how to **breakdown fears and worries into manageable steps**
- ✓ **Build confidence and resilience** by completing small challenges in the game and in real life
- ✓ **Understand what worry and anxiety is** so they can learn to cope
- ✓ Talk about their own worries in a way that is **non-stigmatising**



To learn more visit:
luminova.app/handw



Should I keep my child off school?



Yes

Until...

| | |
|--|--|
| Chickenpox | at least 5 days from the onset of the rash and until all blisters have crusted over |
| Diarrhoea and Vomiting | 48 hours after their last episode |
| Cold and Flu-like illness (including COVID-19) | they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19. |
| Impetigo | their sores have crusted and healed, or 48 hours after they started antibiotics |
| Measles | 4 days after the rash first appeared |
| Mumps | 5 days after the swelling started |
| Scabies | they've had their first treatment |
| Scarlet Fever | 24 hours after they started taking antibiotics |
| Whooping Cough | 48 hours after they started taking antibiotics |

No

but make sure you let their school or nursery know about...


| | |
|----------------------|-----------------|
| Hand, foot and mouth | Glandular fever |
| Head lice | Tonsillitis |
| Threadworms | Slapped cheek |



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



**Remembering key
knowledge and
vocabulary**

**Maintaining excellent
learning behaviours**

Kingsland CE Primary School



'Let Your Light Shine'



What are our aims for this year?

**Developing
sequential curriculum
planning**

**Improving school
attendance**

Worship Videos

Spring 1

This half term we will celebrate parts of Jesus' life from the visit of the wise men at Epiphany, his baptism and when he visited the temple with his parents. We will also learn about people who showed great courage from the Old Testament.

1. Epiphany - follow the star
2. Jesus' Baptism
3. Noah - People of Courage
4. Esther - People of Courage
5. Candlemas
6. Joseph - People of Courage

The wise people will shine like the brightness of the sky. Those who teach others to live right will shine like stars forever and ever.

Daniel 12:3



How do you showcase wisdom?
Who do you see as wise today?
How do they shine?

In what ways can you teach others to be wise?

Sorry washing

When Christians pray to ask for forgiveness and say sorry for their wrong choices it is called repentance. Baptism is a sign of repentance.

Fill a bowl with water.

Take some time to think about the wrong choices you have made that you would like to say sorry to God. As you ask God to forgive you for each wrong choice wash your hands to show that you are asking to be made clean again.

Candlemas



Design your own prayer candle, what images or symbol would you choose to put on it to help you pray?
Maybe you could use a battery powered candle at home as a focus to help you reflect and pray there.



Scales often symbolize Justice. If you have a pair at home or school, use them for reflection. Write down names of those facing injustice on one side and a prayer for them on the other.

What happens if you keep adding new prayers?

Lego Ark

Gather some bricks or other construction toys to build an ark. Think about how Noah had to persevere despite others trying to stop and distract him.

When have you had to persevere?
Who you would want to keep safe aboard it.

Pray for their safety.



RIP & REPAIR

Take a sheet of scrap paper. Tear it in half.

Think about people and places that you are aware of that need reconciliation. Who are the two 'parties' that need to be reconciled?

Write or draw one 'party' one each half.

Pray for them and then stick the two pieces back together using sticky tape or a sticky plaster as a sign of what you are praying for.

Notice who the torn edges still show. The rip isn't forgotten about, but the repair brings them closer together.

Use me, God. Show me how to take who I am, who I want to be, and what I can do, and use it for a purpose greater than myself.

Martin Luther King Jnr.

What makes us wise today?

What are the right things that you need to do?

If you were the prime minister for the day which rules would you change to protect people?

Which takes more courage, to forgive and move on to to keep a grudge?

Can we go a whole day without making wrong choices in what we say, think and do?

In what ways is Jesus like a light in the world?

Thinking it through



Kingsland CE Primary School

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.”
(Matthew 5:16)



This half term's Christian value is:

JUSTICE

Educating for Dignity and Respect



A prayer for JUSTICE

Father God, You take care to listen well to people, especially those that are vulnerable. You are passionate about seeking JUSTICE for everyone. Give us wisdom when we need to make decisions. And when we get it wrong, give us the humility and courage to say sorry. Amen.

Christian Value Family Reflection

Welcome to our Christian Value Family Reflection which offers some suggestions, thoughts and ways into exploring and reflecting on the value of this half term: **JUSTICE**

A reflection on JUSTICE by Wendy Maddocks, Foundation Governor, Kingsland Church

It's not fair! It's not fair that I have to go to bed first just because I am the youngest. It's not fair that my friend finds reading really easy but it takes me half an hour to read a page. It's not fair that she always gets picked for the football team but when I kick a ball my football boot comes off and goes further than the ball ever does! It's not fair!

We all feel injustices in our everyday life and sometimes they are just because we are impatient to grow up or we want to be good at everything.

I want to remind you about a girl called Malala. She was born in Pakistan and when she was 11 years old, new rulers took over in her region of Pakistan and decided that girls could no longer go to school. She spoke out, doing a blog to tell everyone how unfair it was. In 2012, when she was just 15, a masked gunman got on her bus and shot her. These are Malala's words:

'I woke up 10 days later in a hospital in Birmingham, England. The doctors and nurses told me about the attack — and that people around the world were praying for my recovery.'

We sometimes feel as children that nobody listens to us and we can't do anything to change things. But Malala spoke out about injustice. Even though she was just a child, people all over the world listened to her. In fact, BECAUSE she was 'just a child' it made her message even more powerful.

We read a story in Mark's gospel in the Bible of people bringing children to Jesus:

'... the disciples scolded the people. When Jesus noticed this, he was angry and said, 'Let the children come to me and do not stop them'.

God hates injustice, as these verses in Psalm 82 remind us:

'You must stop judging unjustly. Defend the rights of the poor and the orphans, be fair to the needy and the helpless'.

Brave people all over the world stand up for JUSTICE. Men and women, black and white, rich and poor, old people and children. Never think that your voice will not be listened to because you are not the right type of person. From local things, like someone being bullied in the playground, to global things like animal cruelty, we all have a voice and need to speak up if we see things that are unfair. Malala's actions changed the law in Pakistan. **How will you be a change-maker today?**