



THE CHURCH OF ENGLAND

**Kingsland CE (VA)
Primary School**



The Kingsland Times

Friday 22nd November 2024

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.” Matthew 5:16

Let your light shine on our vision:

As God’s children, overflowing with His light, we will shine before others to inspire, nurture and bring joy so all may embrace life in its fullness to the glory of God.

Our Christian value for this half-term is **RESPECT**

Please help your child to reflect on the importance of this Christian value

Life at Kingsland CE Primary School: life in all its fullness (John 10:10)

Kingsland CE Primary School collected the fantastic sum of £232.23 for the 2024 Poppy Appeal! Thank you for all your contributions.

In Worship Times this week, we learnt about how christenings and baptism work. We also listened to the story of Perfectly Norman and thought deeply about how we are all unique and different and how we all let our lights shine in different ways.

Here’s a little teaser to hint at what is coming soon ...

<https://youtube.com/shorts/Tf1JKaXawSg?feature=share>



PLEASE DO NOT PLAN HOLIDAYS DURING TERM TIME

Kingsland CE Primary School, Kingsland, Leominster, Herefordshire HR6 9QN

Telephone: 01568 708436

Email: admin@kingslandengland.hereford.sch.uk

Website: www.kingslandceprimary.com



Dates for your diary

Tuesday 26 th November	Open Morning for prospective new YR parents 9.30am
Wednesday 27 th November	G4 concert in Hereford Cathedral
Wednesday 11 th December	ABF concert in Hereford Cathedral
Thursday 12 th December	Christmas dinner and pantomime performance
Wednesday 18 th December	KS1 nativity performances at 2pm and 5.30pm
Friday 20 th December	Christmas service in Kingsland Church 1.30pm – all welcome
Tuesday 7 th January	Start of term
Friday 17 th January	Y5/6 at Young Voices
Tuesday 11 th February	Safer Internet Day
12 th and 13 th February	Parents' Evenings

The full 2024 - 2025 term dates can be found on the school website following the link:

<https://www.kingslandceprimary.com/term-dates/>

Big Question

We continue our series of BIG QUESTIONS as a focus for family discussions. This week's BIG QUESTION is:

In what ways are YOU unique?



Every Friday, a child is awarded with "The Maths Rock" – this is given to a child who has worked especially hard in maths during the week. This week's winner is **Hattie** ... Well done!

This week's attendance – well done Class 5!

Class 1	Class 2	Class 3	Class 4	Class 5	School total
98.68%	96.96%	97.08%	93.52%	99.05%	96.94%



**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



Governor news: This week – focus on: Wendy Priday – Foundation Governor

I am a Foundation Governor on the Governing Body appointed by Eardisland PCC. My three children attended Kingsland School and I have been a Governor since 1984, serving as Treasurer for two years and Chair for twenty years, stepping down in October 2019. I am also on the executive committee of the Herefordshire Governors Association supporting communication and training for all governors in Herefordshire. Kingsland is an amazing village school with wonderful staff and children and it is a privilege to be part of the school's accountable body, responsible for its conduct and promoting high standards throughout all areas, giving a first class education to all our children and ensuring their safety and wellbeing at all times.

House Tokens

Congratulations to the following children for achieving a house token!

Ambrey	Berrington	Croft	Mortimer
Freddie Ruby Harry	Ava Oliver Riley	Harry Sarva Alexander Devon Hattie Toby	Arthur Molly Alfie Hector Theo Bella Connie

Congratulations go to the following children who have received Headteacher's Awards:

Jorja, Clara, Phoebe and Hadley for super science home learning; **Jenson, Harriet, Lilly and Hector** for super writing about 'problems when washing a woolly mammoth! – well done!

Class 2 have been creating some beautiful art work this week ...





Class 2 are letting their lights shine!



Did you know, Mozart was only 35 years old when he died?



Use the QR code to listen to The Marriage of Figaro overture, one of Mozart's most famous operas.

Musician

Making Connections ...



Wolfgang's father, Leopold Mozart, was also a composer. Use the QR code to listen to one of his pieces of music ...



Use the QR code to listen to Mozart's Clarinet Concerto 2nd movement.



Wolfgang Amadeus Mozart



Wolfgang Amadeus Mozart was born on January 27, 1756, in Salzburg, Austria. He was a child genius! At age 4 he began playing a keyboard instrument called a harpsichord. At age 5 he composed his own pieces. A year later, his father began taking him to perform concerts throughout Europe. Mozart played the violin, organ, piano, and harpsichord.

In 1781, Mozart moved to Vienna. He was successful there as a pianist and composer. But he spent more money than he earned. He had financial problems for much of his life, and died a pauper.

of the Month

Mozart wrote lots of OPERAS, including The Marriage of Figaro, and The Magic Flute.



Messages from Kingsland Church:



Forest Church

9.30am Sunday 24th November

Aymestrey Church and Churchyard

Christ, the King of Creation

Come and join us for an outdoor service to connect with nature and share our concerns for the environment. Join in refreshments before a short time of prayer and worship outside.

Followed by activities on an outdoor theme for those who want to be creative.

Next service: 26th January

For more information contact:

wendy@mortimerscrosschurches.co.uk

Saturday 30th Nov 3-5pm, Kingsland Methodist Chapel

Youth Group Social

Calling all pupils year 5 and above! Last month we sat around the campfire and ate hotdogs and discussed Halloween. This month come and join us for Christmas crafts, games, food and chat. What is important about Christmas for you? What do you think Christmas is all about? Eat sausage rolls and decorate gingerbread, have a go at a Christmas quiz and games. Bring your friends and chill out.

For more information: revdrosie@mortimerscrosschurches.co.uk

Typhoon

Making Every Child a Confident Swimmer!

Kids Swimming Lessons

Exclusive Offer for New Customers!

**KINGSLAND COFE
SCHOOL DISCOUNT**

1 MONTH FREE

Sign up before the end of December

Code: KINGS5

Voucher expires on 31st December 2024. To activate your discount, please use this voucher on our sign-up form. Scan the QR code to visit our website and complete your registration.

**SCAN
ME!**



Contact

03300 434 007

hello@typhoonleisure.com



Kingsland CE Primary School

Let your light shine

"Let your light shine before others that they may see your good deeds and glorify your Father in heaven." Matthew 5:16

OPEN MORNINGS

Do you have a child due to start school in September 2025?



You would be most welcome to visit school on one of our Open Mornings:



Thursday 19th September at 9.30am

Wednesday 23rd October at 9.30am

Tuesday 26th November at 9.30am

Please contact the school office to book a place

(bookings are essential): 01568 708436

admin@kingslandengland.hereford.sch.uk



IMPORTANT NOTICE

Reception admissions for 2025-2026

Do you have a child born between
1 September 2020 and 31 August 2021

If so you will need to apply for a school place
by 15 January 2025
(to commence September 2025)

Applications can be completed from
16 September 2024 online
(scan QR code) or visit:



www.herefordshire.gov.uk/schools-education/primary-school-admissions

Please note: a place at a nursery does not
guarantee a place at the associated primary
school, therefore you must still apply.

For further information please contact the school
admissions team on 01432 260926 / 261574 or
schooladmissions@herefordshire.gov.uk



LUDLOW CASTLE

Christmas Tree

TRAIL

23rd NOVEMBER - 5th
JANUARY

Explore Ludlow's historic
castle and discover
beautifully decorated
trees in the grounds and
vote for your favourite.

Book your visit at
WWW.LUDLOWCASTLE.COM

PLEASE NOTE: Paid entrance to the castle is
required to take part in this trail



Our thanks to Farlow Farm
Nursery for donating the
trees & the participating
businesses & organisations
for decorating.



Here for Herefordshire Holidays

Exciting activities for Herefordshire children receiving benefit related free school meals this Winter!

If you are a parent or carer of a school aged child 5 to 16 years old (Reception to year 11) who is eligible for benefits-related free school meals, you can book up to 4 sessions of free activities. The programme is running from **Saturday 21st December to Friday 3rd January**.

The Here for Herefordshire programme which is funded by the Department of Education aims to get young people involved with new, fun activities. This Christmas, activities include inflatables, crafts, drama, circus skills, craft in nature, boxing, parkour, football, family festive walks with animals and more.

Eligible families can book their places from **20th November** on the [Talk Community website](#). For more information on the programme contact HAF@herefordshire.gov.uk

Your child/young person will also receive a free nutritious meal during each session. Some providers are able to offer spaces for Children with SEND or additional needs.

[Here for Herefordshire Holidays Programme - Talk Community Directory](#)

Places are limited and will be allocated on a 'first come first served' basis. We understand children aren't always able to attend booked activities, however, we would kindly request that children are cancelled off the session via the booking system to enable others to attend.

The activities are only available to children who are eligible for benefits-related free school meals and check will be made to ensure that children meet this criteria.

If you have a question about the 'Here for Herefordshire Holidays' Programme, please contact the team:

HAF@herefordshire.gov.uk

The Holiday Activities and Food (HAF) Programme has been funded nationally by the Department for Education. You can find out more by visiting the HAF website:

[Holiday activities and food programme 2024 - GOV.UK](#)





A big thank you to all at
Kingsland Primary School
for your Harvest Festival donations.

We are very grateful for
your support.

Courses for Parents

Triple P

Positive Parenting Programmes Spring 2025

Stepping Stones

For parents of 2-11 years with SEND, focusing on effective parenting skills and problem solving.

Once a week for 6 weeks, starting:
Tuesday 21 January to 25 February 2
10:00- 12:00
Virtual

Standard - Primary

For parents of 2-11 years, helping you support your child effectively.

Teen Triple P

For parents of 11-16 years, helping you to support your teenager effectively.

Once a week for 6 weeks, starting:
Monday 20 January to 24 February
10:00- 12:00
Virtual

Fear Less

For parents of 6-14 years, the programme aims to help parents support their children with anxiety.

Once a week for 3 weeks, starting:
Friday 24 January to 7 February
10:00- 12:00
Face to face, Plough Lane

Booking information



CHAT@herefordshire.gov.uk



Children's Help and Advice Team on
01432 260 261

**Groups may be cancelled if
attendance is low**

A vibrant poster for a PTA Disco event. The background is dark with glowing purple and blue abstract shapes and floating disco balls. A large, glowing purple double-circle frame is centered on the page. The text is in a bold, white, sans-serif font.

PTA DISCO

29TH NOVEMBER

CLASS R - 3 @ 5:15PM ~ 6:15PM

CLASS 4 - 6 @ 6:30PM ~ 7:30PM

NAMED ENVELOPE TO BE PLACED IN THE PTA
DOX AT RECEPTION BY WEDNESDAY 27TH
NOVEMBER.

**€5 PER CHILD
INCLUDES DRINK AND SNACK**

Early help in Herefordshire

Early Help means providing support to children, young people and families when there is a need.

Often families can solve their own problems, at times they may need support. This could be a friend, professional or someone in the community. There is also an Early Help Children's Help and Advice Team (CHAT).

CHAT

If you would like to seek help, advice and guidance for your family please contact our CHAT team to speak with an experienced supporting families advisor

01432 260261

Lines are open 9:00am to 4:45pm
Monday to Friday



How can I get support from Early Help?

- Share your worry with a professional you feel comfortable talking to or call CHAT
- If support from other services or professionals is required we will talk to you about an Early Help Assessment (EHA), this could include support from **Children's Centre Services** (for families with children aged 5 or under) or **Early Help Family Support** (for families with children 0-18, or up to 25 years with SEND)

What sort of things can Early Help support with?

- Any worries you have about your child or family life such as:
- Family relationships (this may include domestic abuse or parental arguments)
- Child development and education
- Special Educational Needs and Disabilities (SEND) (support can be provided up to the age of 25)
- Young carers
- Emotional and mental health
- Challenging behaviours
- Support with budgeting and housing
- Child exploitation

Christmas Lunch Kingsland CE Primary School

Thursday 12th December 2024

This year, Christmas lunch will be on Thursday 12th December 2024. Christmas lunch is now available to order via Scopay. The cost for lunch is £4.00 unless children are entitled to a free school meal (benefit-related AND universal free school meals). Orders for Christmas lunch should be made by Monday 2nd December. We would encourage you to order a hot Christmas Lunch for your child and join in the festivities. Party clothes and festive accessories may be worn on this day.

Menu

Roast Turkey
Bacon and Sausage Roll,
Stuffing and Gravy
or

Seasonal Vegetarian Parcel

Fresh carrots, cabbage and peas,
roast and creamed potatoes

Festive sponge





UK Health
Security
Agency

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images for a limited number of seconds, chat with users before messages disappear, and share images with their friends list through a 'story'.



What parents need to know about **SNAPCHAT**



SNAP MAP

In 2017, Snapchat introduced a new feature called 'Snap Map', which allows users to see the EXACT location of the people on their friends list in real-time and watch stories from around the world. Users can view a map called a 'Snap Map'. This feature completely exposes your child's location and users can potentially follow your child from their home to their school.

'SNAP STREAKS'

'Streaks' tell users how many days in a row they have spoken or sent 'snaps' to one another. What's dangerous about this? It forces young people into putting a false sense of importance on a superficial number to the extent that it becomes something that can make or break a friendship. For example, if a person forgets to message or send a picture to their friend, breaking their 200-day streak, this could cause a confrontation between the friends. This can put an incredible amount of pressure on children to keep streaks.



SCREENSHOTS

While Snapchat's gimmick is that all photos, videos and text disappear after a maximum of 10 seconds, users can still screenshot or save them. Users may sometimes forget that screenshotting is a possibility in the app and send an image to someone they trust.



SEXTING

Due to 'Snaps' disappearing soon after they're received, (users can even send a one second photo or video), Snapchat has become the chosen platform for sending sexually explicit images or 'selfies' to someone. The short amount of time gives children the confidence to send the pictures.

Once a photo/video has been screenshotted, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves.

However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but that taking formal action isn't in the public interest.



**National
Online
Safety**

Top Tips for Parents



THINK BEFORE YOU SNAP

Ensure that your child knows that 'Snaps' can be screenshotted and teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences, as if the message lasted forever.

TURN OFF 'QUICK ADD'

'Quick add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature.

EDUCATE ABOUT RISKS OF SEXTING

It can be slightly awkward talking about this topic with your child, but if it helps them protect themselves, then it is worth it. Talk to them about the consequences of sexting and make sure that they're aware of the risks prior to using Snapchat.

REPORTING INAPPROPRIATE CONTENT

If your child is receiving inappropriate content, it's important that you report it. First block the sender to prevent any further messages. You can then report this by sending an email to safety@snapchat.com. If the problem persists, contact CEOP at ceop.gov/report.

RESTRICT WHO CAN VIEW THEIR STORY

Your child can add videos and images to their 'Story' throughout the day which last for 24 hours. By default, anyone in their friends list can see their story. We recommend that children only have their close friends and family on the app.

THINK BEFORE YOU SNAP

Ensure that your child knows that 'Snaps' can be screenshotted and teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences, as if the message lasted forever.

ENTER 'GHOST' MODE ON SNAP MAPS

We highly recommend enabling Ghost Mode on the app so that your child's location will no longer be visible to anyone on the 'Snap Map'. To enable this, go onto the Snap Map and tap the cog in the top-right corner. Here, change your settings to 'Ghost Mode'.

HOW TO DEACTIVATE SNAPCHAT

If your child wanted to delete their Snapchat account, simply deleting the app from their phone is not enough. To deactivate the account, users will have to log in to their account on desktop or on their mobile device (not through the app). Here, you:

- 1) Go to support.snapchat.com/delete-account
- 2) Here, click on 'Delete my account'
- 3) You will then be asked to enter your username and password again

DISAPPEARING ILLEGAL CONTENT

Snapchat 'deletes by default' which means every opened snap image or video is automatically deleted. If your child has seen criminal activity on Snapchat, you should report it immediately - See 'Reporting Inappropriate Content' above.

Sources: <http://home.bt.com/tech-gadgets/internet/social-media/what-is-snapchat-a-safety-guide-forparents-11364052742537> <http://www.independent.co.uk/life-style/gadgets-and-tech/news/snapchat-snap-map-latest-newsparents-protect-privacy-children-safety-grooming-messaging-videos-a7823521.html> <https://natsni-ly.net/snapchat-parent-review/> <https://support.snapchat.com/en-US>

© National Online Safety Ltd

This is not a definitive guide. Please always check with the app's support information to see if your security and privacy concerns are addressed.

www.nationalonlinesafety.com



**3DEGREEZ
ALLSTARZ
ETC**

CHEERLEADING, DANCE, TUMBLE, FITNESS
CLASSES AVAILABLE FROM BABIES THROUGH TO ADULTS.

FOR MORE DETAILS VISIT OUR WEBSITE:
WWW.3DEGREEZALLSTARZ.COM
~ 07792 254217 ~ 3degreezallstarz@gmail.com ~

The graphic features a purple starry background with several images of children in cheerleader outfits performing various activities like tumbling and posing. Social media icons for Instagram and Facebook are also present.

Class 2 are continuing to enjoy their cheerleading lessons!





ONE STOP SHOP FOR CHRISTMAS
AT KINGSLAND CHURCH

Christmas
Craft & Gift Fair

ST MICHAEL'S & ALL ANGELS CHURCH
KINGSLAND HR6 9QW

30TH NOVEMBER 2024

10 - 3.30PM

£1 entry fee, Under 16s FREE

HANDMADE CRAFTS AND GIFTS FOR ALL

CHRISTMAS MUSIC & CAROLS

HOT DRINKS AND MINCE PIES

TOMBOLA & THE GRAND DRAW

All donations towards Kingsland PCC



OAKS is a charity based in Herefordshire. We support the care, recreation & education of children.
We have a team of highly qualified staff that run the Holiday Club.

Ages 3 - 12

Christmas Holiday



The Holiday Club will be running on these days only:

- Friday 20th December**
- Monday 23rd December**
- Thursday 2nd January**
- Friday 3rd January**
- Monday 6th January**

If you would like to book, please book early as spaces are limited

Full day: 9.00am - 4:00pm Price: £25 and £23 for siblings

**Shorter days or sessions can be booked by the hour: Hourly rate £4.80
(Earlier and later finishes can be arranged and charged at the hourly rate)**

Half-day session (4hrs) £16

**Lunches can be booked at a charge of £2.10 per lunch everyday
Trips days charged at £27.00 per child to cover transport costs**

**Holiday Club Based at Oaks Children's Group
Conginsby Road
Leominster**

**Please ring 01568 613274 to book or e-mail
admin@oakschildrensgroup.org.uk**


Ofsted Registered

Charity No. 1130042

Company No. 06971339

TALK COMMUNITY





**Remembering key
knowledge and
vocabulary**

**Maintaining excellent
learning behaviours**

Kingsland CE Primary School



'Let Your Light Shine'



What are our aims for this year?

**Developing
sequential curriculum
planning**

**Improving school
attendance**

Worship Videos

This half term we continue to learn about the parables of Jesus before starting a new series about People of courage from the Old Testament.

Then we take a break for few weeks as we start a new season in the church's year. Advent sees the new church year start and we focus on preparing for the arrival of the King and then Christmas.

We will carry on with People of courage in the Spring term.

Parables of Jesus

The Lost Son
The Mustard Seed

People of Courage

Moses
Daniel

Advent

Keep Watch
Worship in Purple
Crackers for the King

This term includes Remembrance and All Souls. It is often a time when children and young people will start to talk about grief. This could be the loss of someone or something special to them. Create a physical space to help your pupils and staff engage with their grief. This could be a book of remembrance, or a memorial tree where ribbons are added to remember them.



Trees are used as symbols throughout the Bible. Look at the trees on your way to school. What can a tree represent?

Sorry

The Lost Son explores themes of forgiveness and being sorry. Make a sorry prayer station using a bin and scrap paper. Think about things that you may have said or done that were bad choices and then write or draw them. Then pray for forgiveness and chuck them in the bin..



Mustard Seed Prayers

Glue a mustard seed to a piece of card. Hand them out and ask everyone to write down a prayer of hope for the future. What do they hope to see grow in their own life or for other people?



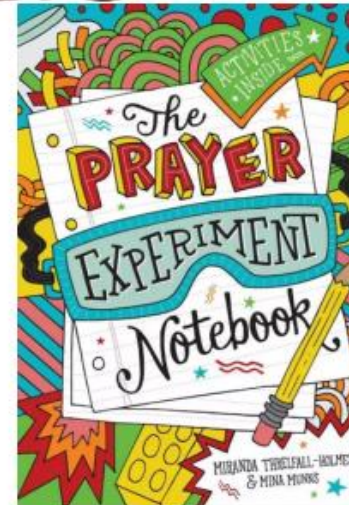
1st Nov All Saints Day
2nd Nov All Souls
10th Nov Remembrance Sunday
11th Nov Remembrance Day
24th Nov Christ the King
30th Nov St Andrews Day
Advent starts
25th Dec Christmas Day



Have you seen our prayer project videos? Hear from the children themselves as they share about prayer and reflection and what it means to them. Maybe your children would like to listen and discuss what reflection and prayer mean to them. Watch their video here:

<https://youtu.be/VqsWMzJ28GA?si=HLlffjGYrwQ13Npr>

Visit <https://www.hereford.anglican.org/schools/being-a-church-school/church-and-school-links/> to find out more about the project.



This book was used in the Prayer Project and comes highly recommended by the children who used it.

Big Questions

Why do you think Jesus told so many parables about being lost?

Who is the bravest person you know?

Who inspires you to be courageous?

What would you like to see changed in the world for the better?



Kingsland CE Primary School

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.”
(Matthew 5:16)



This half term's Christian value is:

RESPECT

Educating for Dignity and Respect



A prayer for RESPECT

Father God, open our eyes to value and appreciate all people. Help us to recognise what we have in common and respect what makes each of us unique. Amen.

Christian Value Family Reflection

Welcome to our Christian Value Family Reflection which offers some suggestions, thoughts and ways into exploring and reflecting on the value of this half term: **RESPECT**

A reflection on RESPECT by Rev Rosie Roberts (Kingsland Church)

“You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.” This is the greatest and first commandment. And a second is like it: “You shall love your neighbour as yourself.” (Jesus’ words in the Gospel of Matthew 22:39.)

During this last half-term, our school has focused on the Christian value of love. But how do we love God, our neighbour, and ourselves, as Jesus tells us we should? One of the ways we can do this is by showing RESPECT.

Respect is one of the key building blocks of a healthy community. It involves listening to other people, making space for opinions that are different from our own, and valuing everyone. We’re not always going to agree, but if we can find a way of disagreeing well, by showing respect to those we disagree with, then we’re more likely to find a way forward together. As well as respecting others, it’s important to respect ourselves too.

“R-E-S-P-E-C-T, find out what it means to me...” In this song, Aretha Franklin says that she deserves to be treated with the same respect that she shows to another person. This reflects a golden rule of the Christian faith – “do to others as you would have them do to you” (Matthew 7: 12).

Why are Christians taught to treat other people with respect? It comes from the knowledge that ALL people are made in the image of God, and so we’re invited to see this image in everyone we meet. This means treating everyone as though they’re special and worthy of respect, because we know that they are special to God. This is easy with people we like and agree with, but it’s harder with people we don’t get on with. Nevertheless, Jesus challenges us to love our enemies, because love can transform a situation and take away the power that hate and disagreement can have over us.

When we think about loving our neighbour as ourselves, it’s easy to forget that our first task is to love ourselves. If we can’t treat ourselves with love and respect, then we will be no good at showing this to our neighbour! Sometimes it’s easy to see God’s image in other people and forget that it’s in us too.

“R-E-S-P-E-C-T, find out what it means to me...” It means a world where everyone values themselves and each other. What a wonderful world that would be!