



THE CHURCH OF ENGLAND

Kingsland CE (VA) Primary School



The Kingsland Times

Friday 9th February 2024

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.” Matthew 5:16

Let your light shine on our vision:

As God’s children, overflowing with His light, we will shine before others to inspire, nurture and bring joy so all may embrace life in its fullness to the glory of God.

Our Christian value for this half-term is **JUSTICE**

Please help your child to reflect on the importance of this Christian value

Life at Kingsland CE Primary School: life in all its fullness (John 10:10)

This week the children have been considering positive mental health, starting the week with a non-uniform day to ‘express yourself’ and celebrate uniqueness and individuality.

On Tuesday, children learnt about keeping themselves safe online through Safer Internet Day.



PLEASE DO NOT PLAN HOLIDAYS DURING TERM TIME

Kingsland CE Primary School, Kingsland, Leominster, Herefordshire HR6 9QN

Telephone: 01568 708436

Email: admin@kingslandengland.hereford.sch.uk

Website: www.kingslandceprimary.com



Dates for your diary

WB 12 th February	Half term holiday
Tuesday 20 th February	Winter Concert 5.30pm in the school hall
Friday 23 rd February	PTA Treat Friday
1 st – 3 rd March	Y4/5 Ventures residential
Friday 1 st March	Y6 to World Day of Prayer at Kingsland Methodist chapel
WB 4 th March	Herefordshire Performing Arts Festival
Thursday 7 th March	World Book Day
Monday 11 th March	HAPF concert 5.30pm in church
WB 11 th March	Science week
Friday 22 nd March	Last day of term – Easter Service in Kingsland Church 1.30pm
Tuesday 9 th April	Start of summer term

Term dates can be found on the school website following the link:

<https://www.kingslandceprimary.com/term-dates/>

Big Question

We continue our series of BIG QUESTIONS as a focus for family discussions. This week's BIG QUESTION is:

How could you support others with their mental health?



This week's attendance – well done Class 1!

Class 1	Class 2	Class 3	Class 4	Class 5	School total
96.24%	95.56%	94.0%	94.85%	92.65%	94.51%

Congratulations go to the following children who have received Headteacher's Awards:

Clara for being a thoughtful friend and always being eager and enthusiastic to learn; **Ed** for sharing his knowledge about Judaism with the class so well; **Mya, Lucy, Wilf** and **Ebby** for super self-portrait art work linked to mental health week; **Oliver, Toby, Bella** and **Gilbert** for super writing about The Great Kapok Tree; **Hadley, Harry, Otilie, Bella** and **Harriet** for super writing about 'Dog Care'; **Oliver** for excellent progress in RWI and super writing about hens – well done!



Every Friday, a child is awarded with "The Maths Rock" – this is given to a child who has worked especially hard in maths during the week. This week's winner is **Ben** ... Well done!

In Design and Technology, Class 5 created Herefordshire Polytunnels as part of their work linked to their geography learning:



Y6 Children - World Day of Prayer – Friday 1st March 2024

Each year, our Y6 children take part in a World Day of Prayer service in Kingsland Methodist chapel to develop their curriculum knowledge of faith around the world. This year the service has been prepared by Christian women from Gaza and the Left Bank and will be held on Friday 1st March 2024, led by Helen Webb, the school's Chair of Governors. With Mr Nelson and Miss Williams, the Y6 children will walk to the Methodist chapel at 1.30pm and will return by 3.15pm. Specific consent is not required for this learning experience as it is within the village and within school time.

Cheerleading Opportunity

Scholarships with 3Degreez Cheerleading

3Degreez Allstarz CIC are pleased to announce that Hereford City Council are funding scholarship places within our recreational Cheerleading and Tumble program for children ages 3-17 years. This will allow children access to free training, clothing and performance opportunities within the club for the remainder of the season. Supporting low-income families, those facing hardship or needing financial support to provide experiences. Contact 3degreezallstarz@gmail.com for more information.

Herefordshire Performing Arts Festival

Thank you to the HPAF coaches who have been in school this week – children have been selecting poems and readings. Now the hard work begins! Please encourage your child to **practise, practise, practise** ... there is a saying ...

Don't practise until you get it right.

Practise until you can't get it wrong.

House Tokens

Congratulations to the following children for achieving a house token!

Ambrey	Berrington	Croft	Mortimer
The Class 1 Team Evie Olivia Henry Arthur Ffion	The Class 1 Team Ollie Jamie Ebby Mya Ava Helen Emmy Harriet	The Class 1 Team Anna Matilda George Hadley Robyn	Madeleine Arthur Theo Teddy Lucie Hattie Molly Elsie

Congratulations to CROFT who have won this half term's house competition!

Dear God,

During this Children's Mental Health Week, we come before You with open hearts, recognising the importance of our voices and the power they hold.

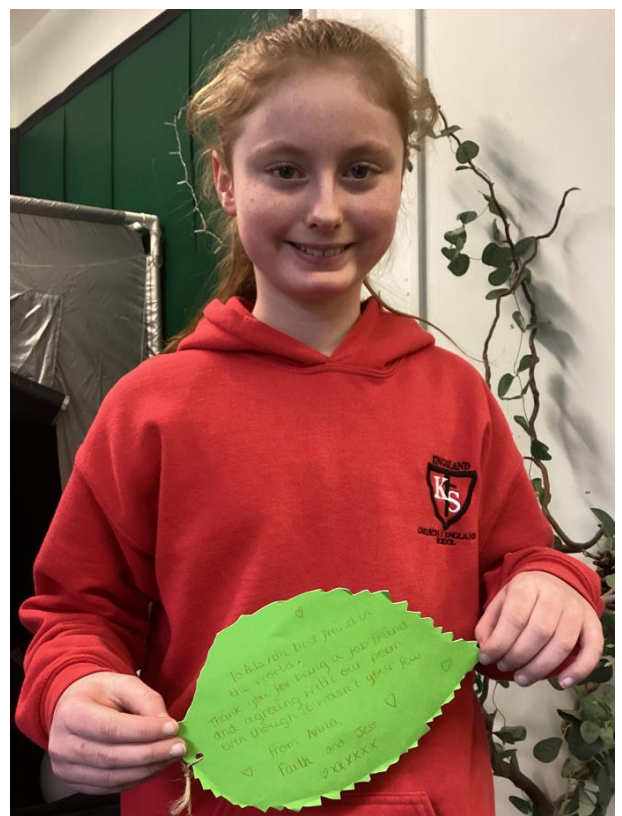
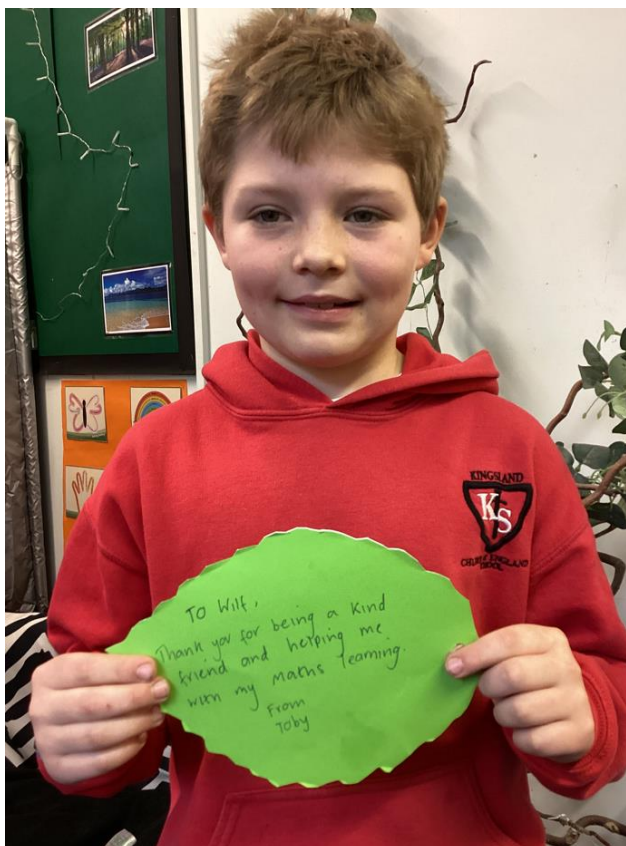
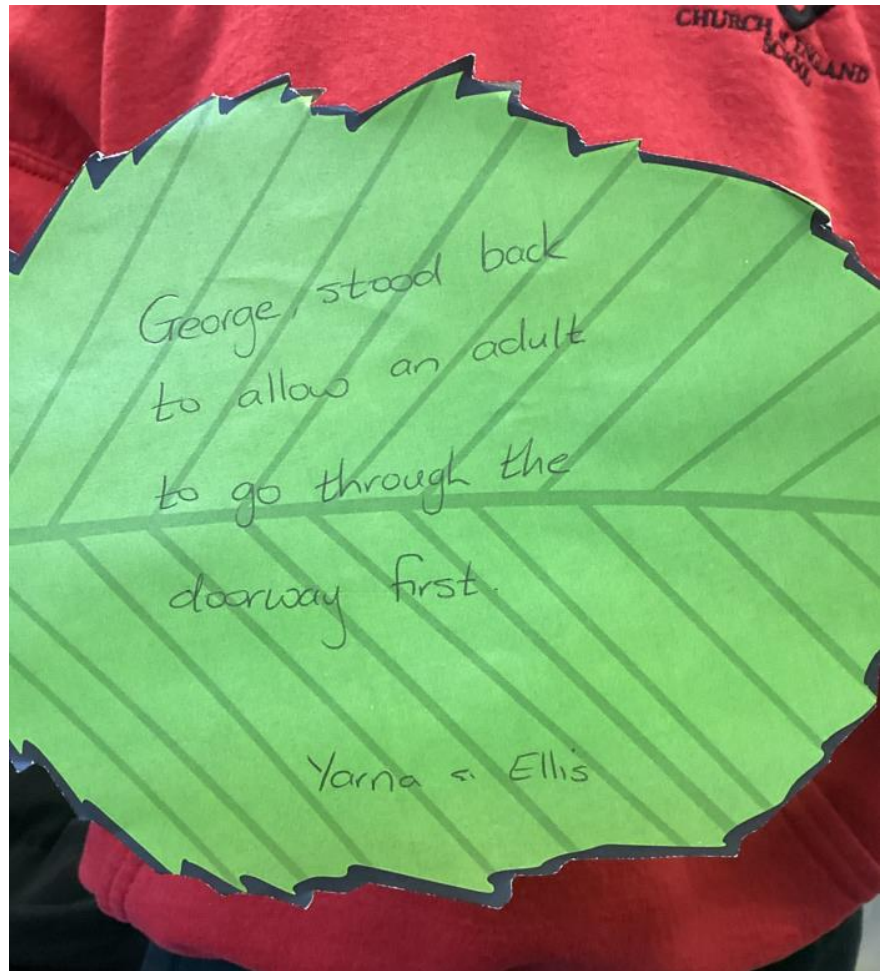
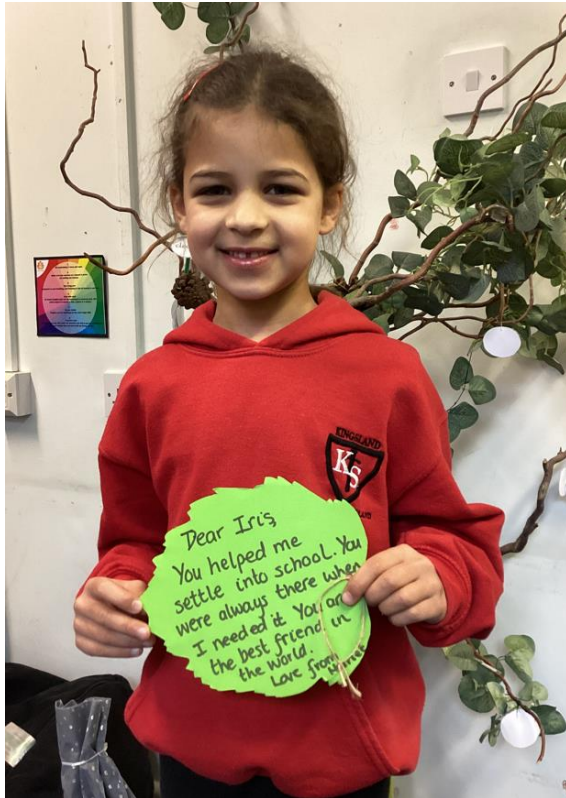
Grant us the wisdom to understand the importance of our words, knowing that they have the ability to shape the lives of those around us. Help us to use our voices to spread kindness, empathy, and love, especially to those who may be struggling with their mental health.

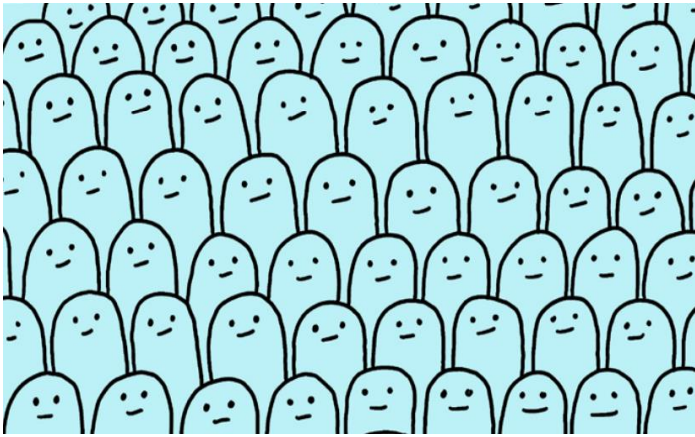
May we be beacons of light, offering words of encouragement and support to all who need it. Let us embrace the theme of this week, "My Voice Matters," by using our voices to create a world where we all feel valued and heard.

Amen.

Children's Mental Health Week

In our Worship Time on Thursday, Miss Williams brought together our learning about mental health. Children had opportunities to award someone else a 'kindness leaf':





Living in a diverse world is so much more interesting!



On Monday, children wore non-uniform day to 'express yourself' and celebrate uniqueness, diversity and individuality.

My VOICE MATTERS

Place2Be's
**CHILDREN'S
MENTAL HEALTH
WEEK**

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe – “My Voice Matters”.

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour. and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1** We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2** I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3** Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4** Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5** Don't compare my experiences to your own when you were a child.
- 6** Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7** Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8** If you are open with me about your feelings, this can help me to be more open about mine.
- 9** Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10** Sometimes a hug is all it takes to make me feel supported.



WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

[For primary children: bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

[For secondary children: bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

CONVERSATION STARTERS

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT
YOUR DAY

WHAT WAS THE BEST
THING ABOUT TODAY?

WHAT IS THE BIGGEST
STRESS / WORRY IN YOUR
LIFE RIGHT NOW?

WHAT'S YOUR
ONLINE LIFE LIKE?

WHO WOULD YOU TALK
TO IF YOU WERE FEELING
WORRIED ABOUT YOUR
MENTAL HEALTH?

WHAT CAN I DO
TO HELP YOU?

Safer Internet Day – 6th February 2024

Governor Report

What is E-Safety?

E-Safety means **being safe on the internet**. Some people may even include the safe use of technology in e-safety. It may also be used to refer to the action of protecting individuals from harmful content online, such as – adult content, grooming and cyberbullying.

We take E-Safety seriously at School, and it is a key element of everyday awareness and learning, as documented in our [E-Safety Policy](#).

The potential that technology has to impact on the lives of all citizens increases year on year. This is probably even more true for children, who are generally much more open to developing technologies than many adults. In many areas, technology is transforming the way that schools teach and that children learn. At home, technology is changing the way children live and the activities in which they choose to partake; these trends are set to continue.

While developing technology brings many opportunities, it also brings risks and potential dangers of which these are just a few:

- Access to illegal, harmful or inappropriate images or other content
- Unauthorised access to / loss of / sharing of personal information
- The risk of being subject to grooming by those with whom they make contact on the internet.
- The sharing / distribution of personal images without an individual's consent or knowledge
- Inappropriate communication / contact with others, including strangers
- Cyber-bullying
- Access to unsuitable video / internet games
- An inability to evaluate the quality, accuracy and relevance of information on the internet
- Plagiarism and copyright infringement
- Illegal downloading of music or video files
- The potential for excessive use which may impact on social and emotional development and learning.

It is also important that E-Safety is included in time outside of school, at home or when children are using devices such as phones, tablets, computers, games consoles, etc, all of which have access to the internet.

Over the years, **Safer Internet Day** is an annual landmark event in the online safety calendar. Starting as an initiative of the EU in 2004, Safer Internet Day has grown and is now celebrated in approximately 170 countries worldwide. In the UK, Safer Internet Day unites millions of young people, schools and organisations to spark conversations on key issues around online safety. You can find out more at the [Safer Internet Day website](#), and in particular [resources for parents and carers](#).

As part of my role as Governor responsible for E-Safety, I visited School this week to observe Safer Internet Day activities and to engage with children from all year groups. I joined Mr Debenham for the afternoon, and we visited all classes to observe the discussion taking place. I was amazed to see how involved the children were, actively participating and discussing with the teachers and peers. It was impressive to watch the transition of approach from Class 1 to Class 5 in



the approach, topics and discussions as the children got older, with increasingly age-appropriate discussions on internet usage, potential risks and how to keep safe.

We also had a group discussion with a cohort of children from Y1 – Y6. This allowed me to discuss in more detail with the children, understanding a bit more about internet usage, how aware they are of being safe and tactics to take when they are not sure. We discussed internet usage, device usage, types of apps and games they have access to (e.g. Facebook, TikTok, YouTube, Google, many of which are not intended for children younger than 13 years old), how long they use devices, potential risks of using the internet. We also discussed how they remain safe online, including having locks on adult content, access to devices when supervised, having open conversations at home about what they have been doing and seeing,

For me, I was pleased to see that the children of all ages are very aware of internet usage, potential risks and what they can do to stay safe. I would encourage you all to discuss E-Safety at home with the children, as we can all learn from each other and help us all keep safe online.

Useful resources

- [E-Safety Policy](#)
- [Keeping your child safe online - A checklist for parents and carers](#)
- [Keep your child safe on TikTok](#)
- [E-safety tips for Parents of Primary School Children](#)
- [E-safety Information for Children and Young People](#)
- [Your child's online world A guide for parents](#)
- [Safer Internet Day and resources](#)

Ed Wallington

Kingsland CE Primary School Governor

Parent Questionnaire

The annual Parent Questionnaire was sent out earlier in the week via email. Please do complete it by 1st March – the school greatly values parental feedback. Thank you in advance.



This Sunday, 11th February
9.30am Eardisland Church for about 45 minutes

Jesus and the Ten Lepers

iSingPOP is an interactive all-age Church service. Come and join us!

Our service includes lots of singing using I Sing Pop songs, a Bible story, prayers, games, craft and interesting discussion points.

No I Sing Pop Service in March as Sunday 10th March is Mothering Sunday

Contact Wendy Maddocks for more information:

wendy@mortimerscrosschurches.com



WORLD
**BOOK
DAY**

READ YOUR WAY!

UNLEASH YOUR READING SUPERPOWER...

TAKE BOOKS HOME TO READ



**LISTEN TO BOOKS BEING READ ALOUD
(OR LISTEN TO AUDIOBOOKS)**



**CHOOSE THE BOOKS YOU
WANT TO READ**



**ASK FOR IDEAS ON WHAT TO
READ NEXT**



MAKE TIME TO READ



**FIND WAYS TO MAKE
READING FUN!**



Sponsored by

**NATIONAL
BOOK
tokens**

Changing lives through a love of books and reading

World Book Day® is a charity sponsored by National Book Tokens
Registered charity number 1079257 (England and Wales) | Registered company number 03783095 (UK)

ILLUSTRATED BY MIAM TRuong





Pre-School Practitioner

Multiple positions available,
temporary and permanent contracts

Minimum qualification required -
Level 2 in Early Years

£10.50 / hour

Negotiable hours over Monday,
Tuesday, Wednesday and Friday

8.15am - 3.30pm

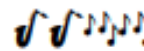
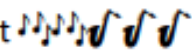
For further information or to request
an application pack email

enquiries@kingslandpreschool.org.uk



Hazel Landey Gmus(Hons) RNCM PPRNCM

Accredited Woodwind Teacher

 Learn an Instrument 

Dear Parents and Guardians

I am a Professional Musician and have over 25 years experience as a Peripatetic music teacher . I teach all woodwind instruments currently in many primary and secondary schools and also privately at my home in Bromyard

There are spaces available on the instruments below

Recorder



Flute from Year 3

Clarinet from Year 4

Bassoon/ Mini Bassoon from Year 4



All instruments are available to hire from the Encore music centre in Lugwardine.
(01432 853219)

Please contact me on the details below if you would like to know more or would like to try an instrument

hazellandey@gmail.com

Or mobile 07729 813121

Thank you

Hazel



Herefordshire Youth Choir



Launches Feb 2024

Come be part of something special!

Open to any 9 - 18 year olds
who love to sing, no previous
experience required

Dates

10th Feb (Launch)

24th Feb

2nd Mar

9th Mar

16th Mar

Saturdays

2pm - 3:30pm

St Nicholas Church

Hereford

Register NOW!

www.encore-enterprises.com/herefordshireyouthchoir

These initial sessions are completely free to attend so
come along and try it out

For more information, please contact:
lisa@encore-enterprises.com

FEBRUARY HALF TERM ACTIVITIES

In Herefordshire

We've got a bunch of activities lined up to keep the kids entertained and happy this half term:



www.haloleisure.org.uk

***Terms and conditions apply:**
Children must be aged 4+

The logo for 'halo' features a stylized yellow and orange crescent moon with a small white star above it, positioned above the word 'halo' in a white, lowercase, sans-serif font.

halo



Half Term Farming Fun!

Sat 10th – Sun 18th February

(Closed Mon 12th)

10.30am – 4.30pm



Drover Jim has lost his sheep. Search the rooms to find his crazy-coloured flocks.

Find the Rainbow Sheep and win a special prize.

Pop-Up Tearoom

Teas, coffees, soft drinks and cakes – all produced locally and all totally yummy!

Don't forget, if you Gift Aid your tickets, you get a free annual pass!

The Judge's Lodging


Broad Street, Presteigne, Powys, LD8 2AD

Tel: 01544 260650

Email: info@judgeslodging.org.uk

www.judgeslodging.org.uk





**Remembering key
knowledge and
vocabulary**

**Maintaining excellent
learning behaviours**

Kingsland CE Primary School



'Let Your Light Shine'



What are our aims for this year?

**Developing
sequential curriculum
planning**

**Improving school
attendance**



Kingsland CE Primary School

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.”
(Matthew 5:16)



This half term's Christian value is:

JUSTICE

Educating for Dignity and Respect



A prayer for JUSTICE

Father God, You take care to listen well to people, especially those that are vulnerable. You are passionate about seeking JUSTICE for everyone. Give us wisdom when we need to make decisions. And when we get it wrong, give us the humility and courage to say sorry. Amen.

Christian Value Family Reflection

Welcome to our Christian Value Family Reflection which offers some suggestions, thoughts and ways into exploring and reflecting on the value of this half term: **JUSTICE**

A reflection on JUSTICE by Wendy Maddocks, Foundation Governor, Kingsland Church

It's not fair! It's not fair that I have to go to bed first just because I am the youngest. It's not fair that my friend finds reading really easy but it takes me half an hour to read a page. It's not fair that she always gets picked for the football team but when I kick a ball my football boot comes off and goes further than the ball ever does! It's not fair!

We all feel injustices in our everyday life and sometimes they are just because we are impatient to grow up or we want to be good at everything.

I want to remind you about a girl called Malala. She was born in Pakistan and when she was 11 years old, new rulers took over in her region of Pakistan and decided that girls could no longer go to school. She spoke out, doing a blog to tell everyone how unfair it was. In 2012, when she was just 15, a masked gunman got on her bus and shot her. These are Malala's words:

'I woke up 10 days later in a hospital in Birmingham, England. The doctors and nurses told me about the attack — and that people around the world were praying for my recovery.'

We sometimes feel as children that nobody listens to us and we can't do anything to change things. But Malala spoke out about injustice. Even though she was just a child, people all over the world listened to her. In fact, BECAUSE she was 'just a child' it made her message even more powerful.

We read a story in Mark's gospel in the Bible of people bringing children to Jesus:

'... the disciples scolded the people. When Jesus noticed this, he was angry and said, 'Let the children come to me and do not stop them'.

God hates injustice, as these verses in Psalm 82 remind us:

'You must stop judging unjustly. Defend the rights of the poor and the orphans, be fair to the needy and the helpless'.

Brave people all over the world stand up for JUSTICE. Men and women, black and white, rich and poor, old people and children. Never think that your voice will not be listened to because you are not the right type of person. From local things, like someone being bullied in the playground, to global things like animal cruelty, we all have a voice and need to speak up if we see things that are unfair. Malala's actions changed the law in Pakistan. **How will you be a change-maker today?**