



# Kingsland CE Primary School

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.”  
(Matthew 5:16)



This half term's Christian value is:

**PEACE**

Educating for Hope and Aspiration



## A prayer for PEACE

God of peace, We pray for peace in our world, and an end to conflict. Instead of hatred, let there be love. Shelter your children and protect us. Guide us and keep us from harm, so we can build a world of love and live our lives in peace. Amen.

## Christian Value Family Reflection

Welcome to our Christian Value Family Reflection which offers some suggestions, thoughts and ways into exploring and reflecting on the value of this half term: **PEACE**

## A reflection on PEACE by Hannah Vernon, Eardisland Church representative

Do you ever find yourself in a REALLY bad temper? Like you're boiling with rage? Or do you get really worried or scared about something, and you can't seem to think about anything else? I think this happens to everyone, a lot of the time! When I'm angry or anxious, all my thoughts and emotions spin wildly around me, and it's like I'm caught up in a whirlwind!

When this happens, I think about or look for the things which bring me PEACE. Cuddling my dog can provide some calm; counting to ten makes breathing a little easier; finding somewhere quiet to sit still helps; but what works best for me is a bike ride, and remembering my favourite line from the Bible: 'I will lift up my eyes to the hills' (Psalm 121). I hop on my bike, and pedal away until I can see Hay Bluff and other peaks of the Black Mountains in the distance. For me, that view and those words represent peace and they make me feel better: peace is a bit like medicine for the soul.

So, what does peace mean to YOU, and how do you find it? Maybe peace is a place, like your garden, or a den, where nobody else is allowed to enter! Perhaps peace is a feeling you get when someone gives you a long hug. Peace might be a moment, when nothing or nobody around you is disturbing you. You might see peace when you gaze at a burning candle or a calm sea. You might hear peace, when you're by a trickling stream or somewhere completely silent. Everyone's experience and definition of peace will be different, but, hopefully, everyone can find some form of peace in their daily life, wherever they are in the world.

For Christians, Jesus is the source of peace. In the Old Testament, Isaiah tells us of Jesus' birth and that he will be named 'Prince of Peace' (Isaiah 9:6). Then, when Jesus is a grown man, on the night before his crucifixion, he tells his anxious disciples, 'Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.' This is a promise that Jesus makes: that if we have faith and put our problems in God's hands, He will put peace in our hearts.