



Kingsland CE Primary School

Let your light shine

“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.”
(Matthew 5:16)

This half term's Christian value is:

KINDNESS and HONESTY

Educating for Dignity and Respect



A prayer for Kindness and Honesty

Dear God, Help me to be kind and caring to everyone I meet. Please give me the strength to be a good friend, and to make choices that are good and fair. Help me to remember that we should treat others how we would like to be treated. Amen.

Christian Value Family Reflection

Welcome to our Christian Value Family Reflection which offers some suggestions, thoughts and ways into exploring and reflecting on the value of this half term: **KINDNESS and HONESTY**

A reflection on Kindness and Honesty by Wendy Maddocks (School governor)

The lady looks sad. I don't know why. I don't know what she is thinking about but she looks like she might cry. I watch her for a bit. I look across at where she is sitting and she sees me looking. I smile and offer her one of my sweets. She shakes her head but she does give me a little smile back.

That story could have been from the TV advert for Cadbury's chocolate, where a child sees a lady on the bus. Or it could be you, sitting beside the swimming pool waiting for your little sister to finish her swimming lesson, or at the supermarket checkout, waiting whilst your parent packs and pays for the shopping ... a little act of kindness that brightens someone else's day.

Jesus was very good at being kind, noticing people who were sad or lonely or not liked by other people. The Bible tells us of a man who lived in a town called Jericho. He wasn't liked as he worked as a tax collector; this meant he worked for the Romans and tax collectors were often dishonest. One day, Jesus visited the town. Jesus was quite famous by then - people had heard of the amazing things that he did, and the inspirational talks that he gave, and a crowd had gathered to get a glimpse of him, to hear what he had to say, much like we would do if a famous pop star or a member of the royal family came to Leominster. The tax collector was not very tall and could not see past the crowds so he ran on ahead and climbed a tree, a sycamore tree. The Bible tells us his name was Zacchaeus. Jesus spotted him and called out to him, 'Can I come to your house, please?' Everybody else in the crowd grumbled because they didn't like Zacchaeus as he was a tax collector, but with those few kind words, we are told Zacchaeus was filled with great joy! (Luke 19)

Kind words can make all the difference to someone's day, like telling your friend that their painting is really good or you like playing football with them, or their joke was funny. It might be like the example at the beginning ... being kind to a stranger, like Jesus was to Zacchaeus. And kindness spreads ... and spreads ... and spreads. When we are kind to someone, they are more likely to be kind to the next person they meet. I think the Bible sums it up very well, in the book of Ephesians, chapter 4: 'Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you. No more shouting or insults, no more hateful feelings of any sort. Instead, be kind and tender-hearted to one another, and forgive one another, as God has forgiven you through Christ.'