

Wellbeing and Behaviour Pupil Voice

Wellbeing

1) How do you feel about your overall wellbeing at school?

"We know there are places to go if we need a quiet moment like the tent and the friendship bench."

"I feel good about my wellbeing at school"

"I am happy, safe, and well looked after"

"I know there are places to go if I need a quiet moment, like the tent and the friendship bench."

2) What strategies do you use to manage stress or anxiety during the school day?

"I use deep breaths"

"I would like more strategies to learn"

"like counting to ten"

"I like to focus on the positive things I enjoy like fishing and farming"

"By asking a teacher, or talking to a friend about my feelings"

3) What makes you feel safe and supported in the school environment?

"Teachers keep us safe in school"

"The whole school community is there to help each other"

"Teachers can help to calm us down, if we are sad"

4) How do you think we can make sure there is a positive and respectful atmosphere in our school?

"Making sure everyone feels included"

"Not having groups"

"Everyone feeling that they can play with each other at breaktimes and lunchtimes."

5) Do you feel comfortable talking to someone if you're feeling down or struggling emotionally?

All of the children shared that they would feel more comfortable talking with a friend. However, four children said they would talk to a friend or teacher. Children shared that they would like a safe space to share their worries, like the worry monster in Class 3.

6) What do you think contributes to a healthy and positive school community?

"People being friendly to one another"

"Having fun"

"Being happy and joyful"

"Strong friendships."

7) How can we promote kindness and empathy in our school?

"With team-building activities where we work with younger children"

"Learning about empathy and how to share it!"

"If you are kind to others, then they will be kind and it will keep on being spread"

8) What would you like to see more of in school?

"Posters to spread positive messages in school"

"Children sharing messages of kindness in assembly"

Behaviour

1) How do you demonstrate respect towards your classmates and teachers?

"Through listening"

"Smiling"

"I remember when we had a 'pass the smile' in assembly; this helped share kindness and respect to the whole school"

"Our school rules: be ready, be respectful (struggling to remember the third one)."

2) What strategies do you use to stay focused and attentive during lessons?

"Folding our arms so we can make sure we are not fiddling with anything"

"Not touching anything when the teacher is talking"

"Watching the teachers"

"We also played a game where we had to put our hands on our head so we weren't touching anything."

3) How do you handle disagreements or conflicts with others in a positive way?

"Talk with friends to try and sort things out"

"Try and support other friends to do the same"

"Let a teacher know"

"Take some time away from the situation."

4) When and where do you notice behaviour is less positive in school?

"Breaktime, in the castle as adults can't see who is in the dungeon"

"Lunchtime in the woods as, again, you can't be seen"

"Lunchtime hall can sometimes be too loud."

***24th November 2023 with the school council
Miss Williams***