



THE CHURCH OF ENGLAND

**Kingsland CE (VA)  
Primary School**



# The Kingsland Times

Friday 20<sup>th</sup> March 2026

## Let your light shine

**“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.” Matthew 5:16**

Let your light shine on our vision:

*As God’s children, overflowing with His light, we will shine before others to inspire, nurture and bring joy so all may embrace life in its fullness to the glory of God.*

Our Christian value for this half-term is **GRATITUDE**

Please help your child to reflect on the importance of this Christian value

### Life at Kingsland CE Primary School: life in all its fullness (John 10:10)

Y4/5/6 children enjoyed an incredible interfaith visit to different places of worship in Wolverhampton on Wednesday, joined by Helen Webb, Chair of Governors, and Rev Rosie of Kingsland Church. To learn first hand about the different faiths, cultures and beliefs that make the UK such a vibrant and diverse place is such a special opportunity; a fantastic memorable experience which will last with the children for a long time and build on their understanding of values such as respect, compassion, kindness and love which span the different faiths ... another opportunity for the children to open their eyes to a bigger world and to let their lights shine.



**PLEASE DO NOT PLAN HOLIDAYS DURING TERM TIME**

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### Dates for your diary

Saturday 21 <sup>st</sup> March	PTA Bingo
Wednesday 25 <sup>th</sup> March	Easter service in Kingsland Church 1.30pm – all welcome
30 March – 10 April	Easter holidays
WB 11 <sup>th</sup> May	KS2 national assessment week
Monday 13 <sup>th</sup> April	First day of the Summer term
Thursday 4 <sup>th</sup> June	Sports' Day - KS2 at 9.15am; KS1 at 1.15pm
Tuesday 16 <sup>th</sup> June	iSingPop Concerts for all children
Tuesday 23 <sup>rd</sup> June	Togetherness workshop for Y5/6 parents 5.30 – 7.30pm
Thursday 25 <sup>th</sup> June	Y6 Leavers' Service in Hereford Cathedral
25 <sup>th</sup> / 26 <sup>th</sup> June	Y3/4 to Oaker Wood

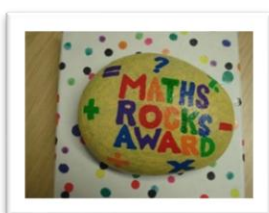
The full 2025 - 2026 term dates can be found on the school website following the link:

<https://www.kingslandceprimary.com/term-dates/>

### Big Question

We continue our series of BIG QUESTIONS as a focus for family discussions. This week's BIG QUESTION is:

**How can we be curious about science as well as about different faiths?**



Every Friday, a child is awarded with "The Maths Rock" – this is given to a child who has worked especially hard in maths during the week. This week's winner is **Dilan** ... Well done!

### House Tokens

**Congratulations to the following children for achieving a house token!**

Ambrey	Berrington	Croft	Mortimer
Lucy	Oscar	Jasmine	Ella
Henry	Ben	Robyn	Leah
Harry	Tommy	Olivia	Nellie
Sophie	Henry	Rory	Alice
Freddie	Grace	Eadie	Molly
Ava	Dinky	Alexander	Archer
Thomas	Mabel		
Phoebe			
Kit			
Roman			

# Y4/5/6 Interfaith Learning Visit

On Wednesday, children in Y4/5/6 enjoyed an incredible visit to Wolverhampton and three different places of worship – the Gurdwara, the Mosque and the Mandir.



One parent wrote: 'I just wanted to email to say a big thank you to Miss Powis, Mr Palmer and the governors who organised and assisted with the trip yesterday. My children had a great time, told me so much information about what they saw and learned. I know its a lot of work and extra time for the staff and we really appreciate it. Thank you'

# Science Week – Curiosity

Healthy Me Inside Out: Eat Well, Move Well, Feel Well”

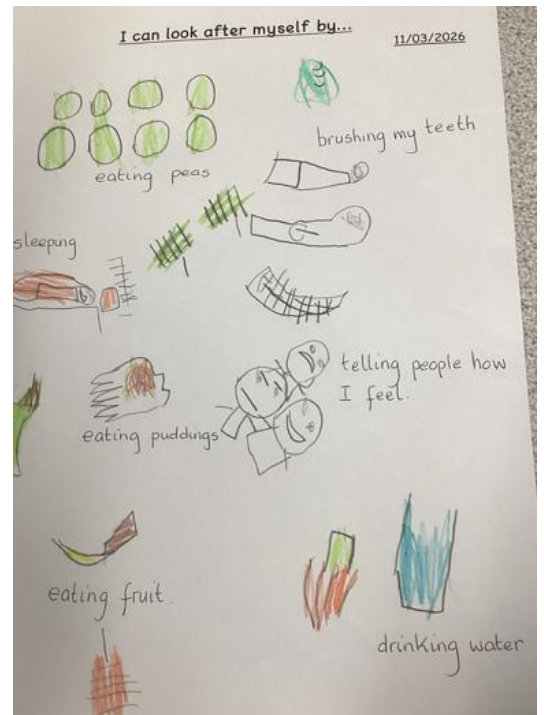
Kingsland Primary asked the question ‘How to be a Healthy Me?’

We will look at A Healthy Me: physical, mental well-being, healthy balanced diet and being safe.

An oral hygienist came to visit.



We learnt about nutrition, how to look after our teeth and ourselves.



**Eating a Balanced Diet** 11.3.26

There are 5 main food groups: Carbohydrate, protein, fruit & veg, dairy, sugar & fat

Create a balanced meal:

Name the carbohydrates in your meal: Bread

Name the protein in your meal: eggs

Give 2 reasons why it is important to have a healthy, balanced diet.

- So you can go to the toilet.
- So you can have vitamins.





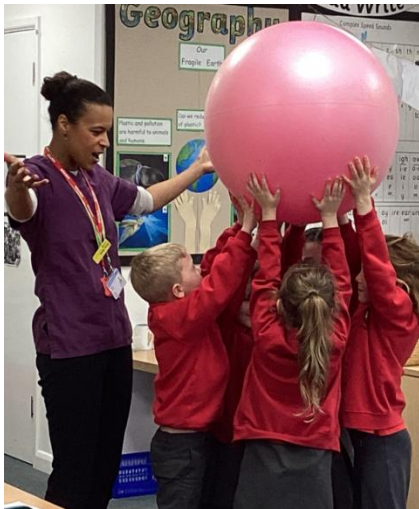
We baked, tasted fruits and made smoothies.





Class 1 and Year 3 got together for morning tea and chatted about their favourite traybake.

Paramedics, Graham and Nicky, discussed their roles as paramedics and what to do in an emergency. Class 4 and 5 all had a go at CPR.



Dr Jones spoke to us about keeping healthy and what the Doctor's role is.

Line Dancing with Miss Izzy



# School Attendance

This week's attendance – well done Year 4!							
YR	Y1	Y2	Y3	Y4	Y5	Y6	School total
94.1%	95.8%	98.9%	96.8%	99.2%	93.8%	94.3%	96.1%

The school encourages all children to attend school for every session of every day the school is open to them. Thank you for your support with this.

Having excellent attendance at school is essential for children to be fulfilling their potential and flourishing with every opportunity on offer.

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

Nora reflected deeply on the interfaith visit this week and wrote this prayer ...

Dear God, Thank you for our trip yesterday. Thank you for allowing us to visit the mosque and the temples. Thank you for the food that they gave us and having time to look around their places of worship. Amen

## Easter Service

This year, we shall be holding our Easter Service on Wednesday 25<sup>th</sup> March at 1.30pm in Kingsland Church – all welcome.

## Parent Questionnaire

Thank you to everyone who completed the recent parent questionnaire. The results and analysis can now be found on the school website [here](#).

## School Nurse Drop-in

We are delighted to be able to arrange a School Nurse drop-in session with Grace Coultas (School Nurse) on Tuesday 14<sup>th</sup> April 9.00 – 11.00am, an opportunity for parents to ask her anything in a safe and confidential environment. No booking required, just drop in.



Governor news: this week the Love to Learn Committee met to discuss academic standards, pupil attendance and the recent parent questionnaire.

## Congratulations go to the following children who have received Headteacher's Awards:

**Aidan** for achieving a distinction in his Grade 1 piano exam; **Iris, Cora** and **Oliver** for super neat work and deep thinking with learning about Judaism and the Easter story; **Ellis** for thinking deeply and listening carefully on the interfaith visit; **Flynn** for fantastic maths work at home – well done!

# Kingsland CE Primary School's 2026 Comic Relief Challenge

On Friday 20th March, we are challenging ourselves to do 1000 laps of the playground! We are going to run, walk, cycle and skip to raise money and make a difference to the lives of others.



**COMIC  
RELIEF**

**RED  
NOSE  
DAY**

**FRIDAY 20 MARCH**

Scan now to sponsor us  
and donate to this  
amazing charity!



[www.justgiving.com/team/kingsland1000laps](http://www.justgiving.com/team/kingsland1000laps)

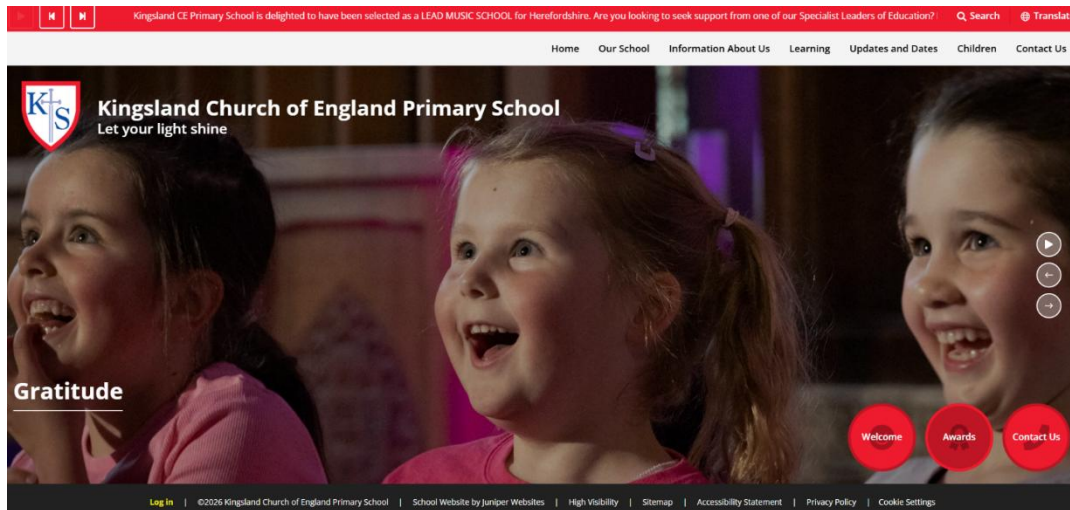
# Comic Relief 2026

£517 raised already!! THANK YOU and WELL DONE to everyone. Thank you to Miss Corrick for organising this event.



# New School Website

The school's new website will be going live on Monday 23<sup>rd</sup> March. The IP address will be staying the same, so you should find that the new website loads automatically instead of the current one. The layout of the new website is very similar, with all the current content being transferred directly over. The new website is much more mobile-friendly, as the vast majority of website hits come from mobile devices. This is what the home page will look like:



## Togetherness Workshop

We are delighted to have been able to arrange another Togetherness workshop – this time for Y5 and Y6 parents, considering the onset of the teenage brain and the transition to secondary school. Please do put the date in your diary:



### Supporting the emotional health and wellbeing of your teenager during transition to High School *A workshop for parents and carers*

No matter your family setup, the important relationships in your child's life help shape their emotional health and wellbeing at every age. This transformative workshop offers a reflective space to think about your child's development, the changes in their brain and what behaviour to expect once they start High School.

We will explore the following topics:

- Brain development and the importance of relationships and interactions.
- What changes are taking place in a teenager's brain.
- Why teenagers are sensitive to peer pressure and rejection.
- Why teenagers are often reactive and respond emotionally.
- Why teenagers like to sleep so much (!)
- Screen time, social media and gaming.
- How you can support your teenager through these changes.

This workshop will take place in **Kingsland CE Primary School** on **Tuesday 23<sup>rd</sup> June 2026, 5.30 – 7.30pm.**

John Williams was born in 1932. He is famous for composing some of the most well-known film scores in movie history.



Use the QR code to listen to Schindler's List theme tune.

# Musician

## John Williams

### Making Connections ...

John Williams worked very closely with film director Steven Spielberg.



Use this QR code to listen to Hedwig's theme from Harry Potter.



John Williams is an American composer and conductor. He has composed some of the most famous film music ever written, including Star Wars, Jurassic Park, Harry Potter and Superman. He is especially known for working with director Steven Spielberg.

Williams has also composed symphonies and concertos for a variety of instruments including flute, violin, tuba and harp, as well as themes for the Olympics.



Use the QR code to listen to the Jurassic Park theme tune.

# of the Month

Use the QR code to listen to the ET theme tune.



Other film scores that John Williams has composed include – Schindler's List, Jaws, War Horse, ET, Raiders of the Lost Ark and The Lost World.



# Please see the information below which we have been asked to share by the NHS ...



Dear Parents and Carers,

Following the very sad news of two recent deaths in Kent linked to meningitis (strain B), we wanted to share some helpful information about meningococcal disease and the vaccinations available to protect against it.

Since 2015, the Meningococcal B (MenB) vaccine has been included in the national childhood immunisation programme and is routinely given in infancy. Children born before 2015 would not have received this vaccine as part of the NHS schedule, although it is available privately.

The MenACWY vaccine, which protects against four strains of meningitis (A, C, W and Y), is routinely offered to young people in Year 9 through the school-based immunisation programme. If your child missed their Year 9 vaccination, we are able to offer catch-up appointments locally—please contact our team if you would like to arrange this.

For those who would like to learn more, a recent webinar for parents and carers about the DTP and MenACWY vaccines is available to watch here:

<https://www.youtube.com/watch?v=Uj3qL-WLin8&t=28s>

If your child has not yet received the MenACWY vaccine, please contact your local team:

<https://www.schoolvaccination.uk/catch-up-clinics>

Please note that the MenACWY vaccine is offered from Year 9 onwards and cannot be given before this age.

If you have any concerns or would like further information about meningitis, we recommend visiting:

<https://www.meningitisnow.org>

Thank you for your continued support in helping to protect the health and wellbeing of all children and young people.

Lisa Jones

Clinical Director

Vaccination UK



UK Health  
Security  
Agency

# MENINGITIS + SEPTICAEMIA

Meningitis  
now

Meningitis is a serious condition where the protective layers around the brain and spinal cord become inflamed. Septicaemia is when the bacteria enter the bloodstream to cause blood poisoning. They can happen to anyone, so it's important to know the symptoms and risks.

Early symptoms, such as fever, vomiting, aches, muscle pain, cold hands and feet and headaches, can look similar to common illnesses like colds or flu. But someone with meningitis or septicaemia will usually become seriously ill in a matter of hours. That's why it's crucial to keep checking on anyone who is unwell.

## MENINGITIS SYMPTOMS?

- fever
- a very bad headache (this alone is not a reason to get medical help)
- vomiting
- stiff neck
- dislike of bright lights
- rash (DO NOT wait for a rash to appear before seeking medical advice)
- confusion, delirium
- severe sleepiness, losing consciousness
- fits

## SEPTICAEMIA SYMPTOMS?

- fever and shivering
- severe pains and aches in limbs and joints
- vomiting
- very cold hands and feet
- pale or blotchy skin
- rapid breathing
- diarrhoea and stomach cramps
- red or purple 'bruised' or blotchy rash on skin that does not fade under pressure - do the glass test. On dark skin, check paler areas of the skin, such as the palms of the hands, soles of the feet, inside the mouth (roof), and the eyelids
- difficulty walking or standing
- severe sleepiness, losing consciousness

If you become worried about yourself, your child, or a friend, particularly if symptoms are getting worse, seek medical help urgently.

**EARLY TREATMENT CAN BE LIFE-SAVING.**



# Message from Kingsland Church:



## Forest Church

9.30am Sunday 22<sup>nd</sup> March 2026

Aymestrey Church and Churchyard

### Find the Lost Lambs!

Come and join us for an outdoor service to connect with nature and share our concerns for the environment. Join in refreshments before a short time of prayer and worship outside.

Celebrate the birth of new lambs as we think of Jesus and his care for even the lost sheep.

*Next service: Sunday 26<sup>th</sup> April 2026*

For more information contact:

[wendy@mortimerscrosschurches.co.uk](mailto:wendy@mortimerscrosschurches.co.uk)

### Prayer of Gratitude by Henry and Lucy:

Dear God,

Thank you for the things we are grateful for.

Help us to remember how fortunate we are – for a roof above our heads and a family who cares for us.

Guide us with gratitude and generosity towards those who need it most.

Amen



## Spiritual Thinking



Why is Jesus' death and resurrection still celebrated today?

Why did Jesus first appear to Mary and not his other disciples?

What do you think the good news of Easter is?

## Easter Walk

Go for a walk as a class and see how many signs of new life you can see.

You could thank God for them with a simple prayer

You may also want to pray for the places and people you pass on your way.



## Spiritual Sounds

Two songs to listen and reflect upon the cross and what it means to Christians today.

'Sign your cross' by Nick and Becky Drake  
and

'The Story of the Cross'  
by Kingdom Kids

## Make a flower cross

Some churches make simple wooden crosses. Then they wrap it in chicken wire or netting to attach flowers and greenery to it. This shows how Jesus death on the cross led to new life. Could you make a school version? Maybe you could add prayers to it.

Herefordshire Libraries

# Herefordshire Young Historian Award 2026

## My Family History – Discover your past and tell your story

Every family has a story, and this is your chance to discover and share yours. Where do they come from? What was life like when they were younger, and are there any traditions or special memories your family has?

Get creative and present your family's story in a format no bigger than an A4 page

Open to 9 - 11 year olds

Hand your entry in to any Herefordshire Library or enter at [herefordshire.gov.uk/libraries](http://herefordshire.gov.uk/libraries) for a chance to win

Closing date Friday 8th May



[herefordshirehistory.org.uk](http://herefordshirehistory.org.uk)

In partnership with

**HEREFORDSHIRE LORE**  
Living Local History

Supported by



Herefordshire Libraries

# Herefordshire Young Historian Award 2026

## **My Family History – Discover your past and tell your story**

Every family has a story, and this is your chance to discover and share yours. Where do they come from? What was life like when they were younger, and are there any traditions or special memories your family has?

You might find out about:

- Where your family originally comes from
- Interesting stories from parents, grandparents, or relatives
- Family traditions, celebrations, or favourite activities
- Important moments in your family's past

You can present your family history in a creative way. For example, you might write a short story, make a poster, draw a family tree, or include photos and drawings. Your entry must fit an A4 sheet

Open to 9 - 11 year olds

Hand your entry in to any Herefordshire Library or enter at [herefordshire.gov.uk/libraries](https://herefordshire.gov.uk/libraries) by Friday 8th May for a chance to win

[herefordshirehistory.org.uk](https://herefordshirehistory.org.uk)

**HEREFORDSHIRE LORE**  
Living Local History

# PTA Cake Sale

Key Stage 1



**24th & 25<sup>th</sup> March**

KS 1, it's your turn!

Please bring cakes into school on  
Tuesday 24<sup>th</sup> March.

Thank you.

SAVE THE DATE!  
27TH JUNE  
2026

KINGSLAND  
CORONATION HALL  
FIELD

## Guitar and Ukulele Tuition at Kingsland School



Guitar and ukulele tuition is now available at Kingsland CE Primary School. Lessons will be delivered during school hours with a 30 minute shared lesson costing £9.50 per student and a 20 minute individual lesson costing £13.00. Students will need their own instruments and, if required, guidance can be given on the purchasing of such. Please direct enquiries to the school office.

Dr Mark Richards (guitar/ukulele tutor)



PTA 

# Childrens Easter Bingo

**Saturday 21<sup>st</sup> March**  
Kingsland Coronation Hall  
Eyes down 6pm

*Fun for all the  
family*

 Grab your  
**FREE**  
ticket here.



# Pond Dipping



## Easter Holiday Activity

Monday 30<sup>th</sup> March - Friday 3<sup>rd</sup> April  
AND  
Monday 6<sup>th</sup> - Friday 10<sup>th</sup> April

4-11  
year  
olds

This Easter holidays, explore a fascinating under water world as you dip our pond for mini beasts to identify. Draw or take photos of your favourites.

£5 per  
child

2pm  
-  
3.30pm

Book  
Online

[www.shropshirehillsdiscoverycentre.co.uk](http://www.shropshirehillsdiscoverycentre.co.uk)



Shropshire Hills  
Discovery Centre

[info@shropshirehillsdiscoverycentre.co.uk](mailto:info@shropshirehillsdiscoverycentre.co.uk)

01588 676060

School Road, Craven Arms SY7 9RS

Grow Cook Learn, a registered charity: 1158795



UK Health  
Security  
Agency



# Should I keep my child off school?

## Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



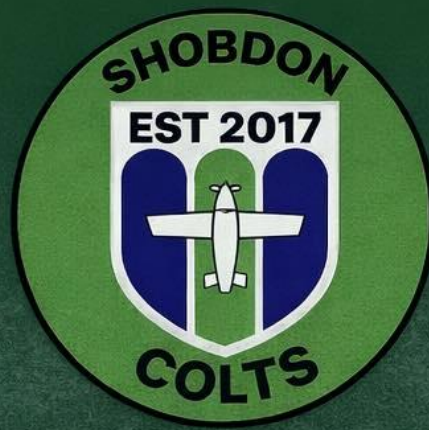
SCAN ME

### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



A production being held on Friday 5th June 4pm,  
Leintwardine Centre.



# U10 PLAYERS WANTED



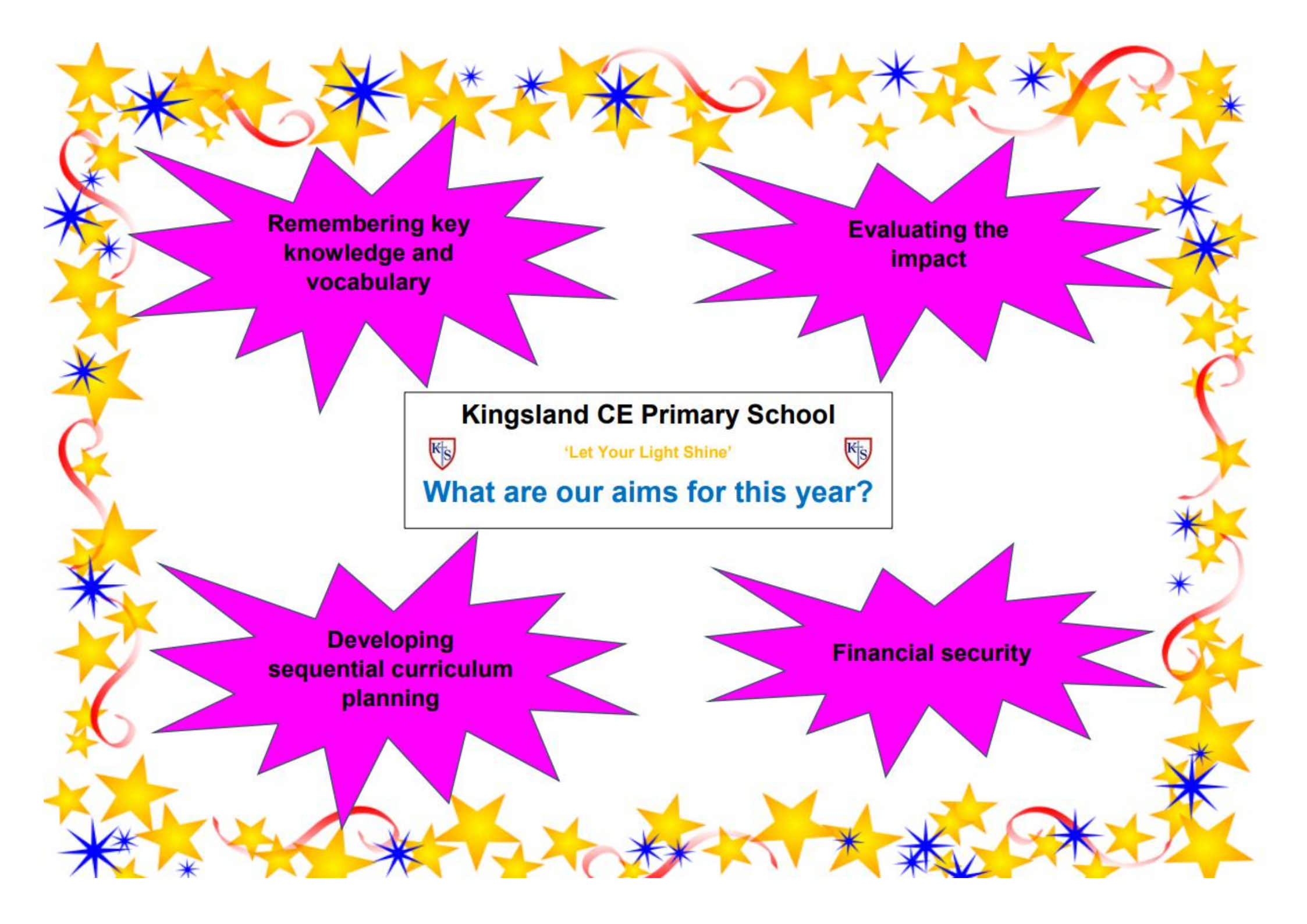
Our U10 team are looking for a couple of new players for the upcoming season!

We're a friendly and successful team that trains on Thursday evenings in Leominster.

**Open to both boys and girls.**

If your child is in year 5 and wants to get involved, please contact:

**Sam +44 7935 582248**



**Remembering key  
knowledge and  
vocabulary**

**Evaluating the  
impact**

**Kingsland CE Primary School**



*'Let Your Light Shine'*



**What are our aims for this year?**

**Developing  
sequential curriculum  
planning**

**Financial security**



# Kingsland CE Primary School

Let your light shine

**“Let your light shine before others that they may see your good deeds and glorify your Father in heaven.”  
(Matthew 5:16)**



This half term's Christian value is:

## GRATITUDE

Educating for Community and  
Living Well Together



### A prayer for GRATITUDE

Thank you, God, for ... your kindness and compassion; ... the strength you give us even in the toughest of times; ... your unconditional love. Forgive us when we are ungrateful and when we don't think of others. Amen

### Christian Value Family Reflection

Welcome to our Christian Value Family Reflection which offers some suggestions, thoughts and ways into exploring and reflecting on the value of this half term: **GRATITUDE**

#### A reflection on GRATITUDE by Mr Debenham, Headteacher:

One, two, three ... four, five, six ... seven, eight, nine ... and ten. There were ten lepers on the road one day, and no-one would go near them. Their faces were scarred and they had sores all over their bodies. They were incredibly poorly. One, two, three ... four, five, six ... seven, eight, nine ... and ten. There were ten lepers on the road one day, and Jesus came walking by. "Jesus, Master, have pity on us" they cried. One, two, three ... four, five, six ... seven, eight, nine ... and ten. There were ten lepers on the road one day, and Jesus prayed for them and then said to them, "Go, show yourselves to the priest." One, two, three ... four, five, six ... seven, eight, nine ... and ten. As the lepers went on their way to see the priest, they looked at their skin and their sores were gone! Jesus had healed their disease!

One, two, three ... four, five, six ... seven, eight ... and NINE. Nine lepers (who were no longer lepers!) were so happy that they ran up and down the streets singing and dancing, sharing their good news with everyone. But the tenth leper went straight back to Jesus, threw himself at his feet and said, "Thank you, thank you, thank you." Jesus said to him, "I healed ten lepers on the road today. Where are the other nine?"

But Jesus was pleased that the tenth leper had come back to say 'thank you'.

So, what does this Bible story, from Luke Chapter 17, teach us about GRATITUDE? If you were one of the ten lepers, would you be like the tenth one who came back to say 'thank you', or would you be like the other nine who forgot amidst all the celebrations? In the busyness of life, with all the things we have to do and all the distractions along the way, it is easy to forget to say 'thank you'. So, how can we make it a priority so that we don't forget?

And is saying 'thank you' always enough? How could we SHOW our gratitude by our actions and choices?

I wonder if you remember to say 'thank you' to your family, friends and staff in school ...? Just two simple words can make a huge difference. And, of course, there are many connections that can be made between GRATITUDE and a number of the other Christian values that we investigate in school – compassion, kindness, humility, service, love, thankfulness.

When will you say your next 'thank you'?